

# Crystal SCHOOL

## *Guide* For Children Of The New Earth

MARCH CURRICULUM

*Divine Traits*

*Unconditional Love*



# Contents Page

Our curriculum flows as a 3-day School week.  
Each month there are 12 days' worth of content & corresponding activity that parents can adapt to the different age groups.

## DIVINE TRAITS:

### March Numerology of Divine Traits

Day 1. Compassion

Day 2. Worthiness

Day 3. Gratitude

Day 4. Heart Centred

Day 5. Organic

Day 6. Patience

Day 7. Perseverance

Day 8. Genuine

Day 9. Honor

Day 10. Consistent

Day 11. Truth

Day 12. Joy

Community Service



Gaia's  
Crystal  
SCHOOLS



# NUMEROLOGY

On the Divine  
Traits for March



LoveHASWon.org  
& joy reigns

Compassion = 364711965

(43 = 7)

Compassion is the passion to hold space through patience and allowing the other person to express themselves while you hold the vision in order to inspire through the process.

The total of Compassion is a 7.  
The 7 is all about trusting your feelings.

The 4 symbolizes stability and allows you to hold space for others to express their feelings, this comes through being non attached and not taking things personally.



The **3** symbolizes sensitivity. Divine non attachment allows others the vulnerable space to heal.

Compassion starts with a **36** - which is balanced harmonics, this is the platform for genuine compassion.

Be the nurturing Mother to them so they have a safe space to express their feelings. Be their Angel in human form, listen without judging and share any guidance you get.

Ends with a **5** - **5** is for Freedom. Freedom only comes through self love.

# Worthiness = 5692895511

(51 = 6)

When you feel Worthy, you are not afraid to take chances and you have no limits. It requires Vision, when you see the bigger picture you don't get attached to the story in your head.

The total of Worthiness is a 6. The 6 is all about Vision and Acceptance. Accepting all parts of yourself and being vulnerable and open.

The 5 symbolizes Freedom, Discipline and experiences which brings growth. Worthiness comes through self love.



The **1** symbolizes Creativity and Confidence.



Worthiness starts with a **56 (11) - 11** is the Aquarian energy. The more worthy you feel the more open you are for communication from the Angels, because you are open to receive it.



Recognize that the grandness you see in everyone is a reflection of what exists within you.



Also ends with a **11** - Worthiness comes from a strong connection to spirit.

# Gratitude = 791292345


$$(42 = 6)$$

Gratitude is the gateway to abundance,  
we always have enough to share.

Appreciating everything around us  
without attachment. You feel like you  
are one with everything

The total of Gratitude is a 6.

The 6 is all about divine vision, when you  
hold the vision you cannot be in lack.

Accepting all parts of your essence and  
that each being is a part of you.



The **4** symbolizes Stability, trusting the process and non-attachment as your foundation.

The **2** symbolizes Unity. Sharing and co-creating with your brothers and sisters, things brings more gratitude create by the union and abundance created through co-creation.

Balance of learning to give and receive.

Gratitude starts with a **79** -

The **7** is about trusting your feelings

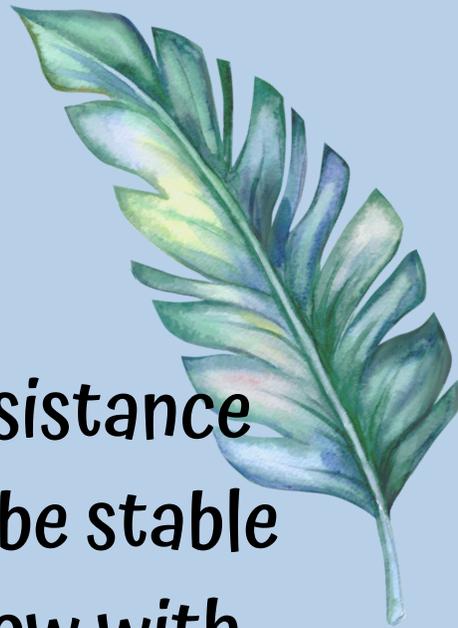
The **9** is gratitude reflected in your actions (Integrity) Be in service through being in Gratitude

# Organic = 6971593

(40 = 4)

Being Organic is the lack of resistance to Universal Law. You can only be stable when you are in the organic flow with non-attachment or holding onto anything.

The total of Organic is a 4.  
The 4 is all about intending and surrendering. Trusting the process.





Organic starts with a **697** -  
Organic projection is heart-based  
intelligence.

**6** - Having the Vision

**9** - Connection to spirit

**7** - Trusting your feelings

Staying in the present moment and  
in the heart is the easiest way to be  
in that Organic state of Being.

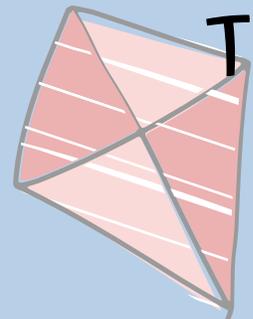
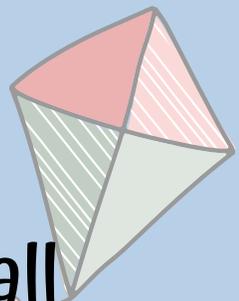


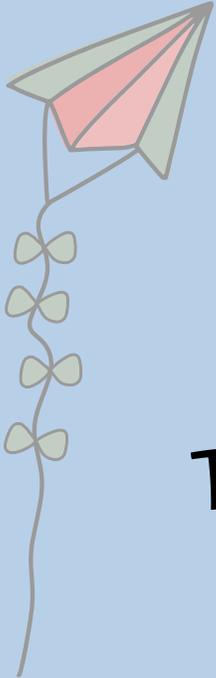
# Patience = 71295535

(37 = 1)

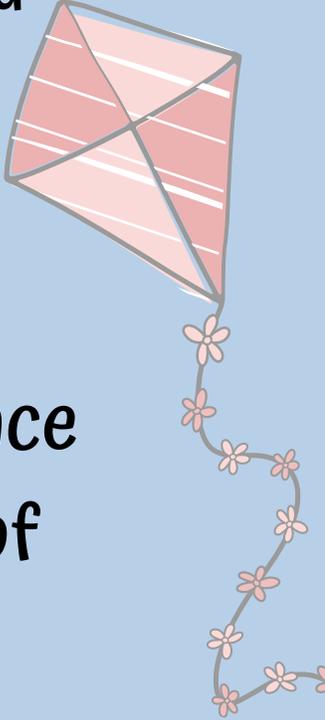
Patience is a practice of Faith. There is a spring of divine intelligence within that recognizes the significance of each moment. Patience is the ability to trust your feelings and await divine guidance rather than manipulate events through forceful intentions.

The total of Patience is a 1. The 1 is all about creativity and building your confidence. Life is a balance of receiving and creating. The 1 energy reveals that when energy is in constant motion there is no moments for expectation or feelings of lack.



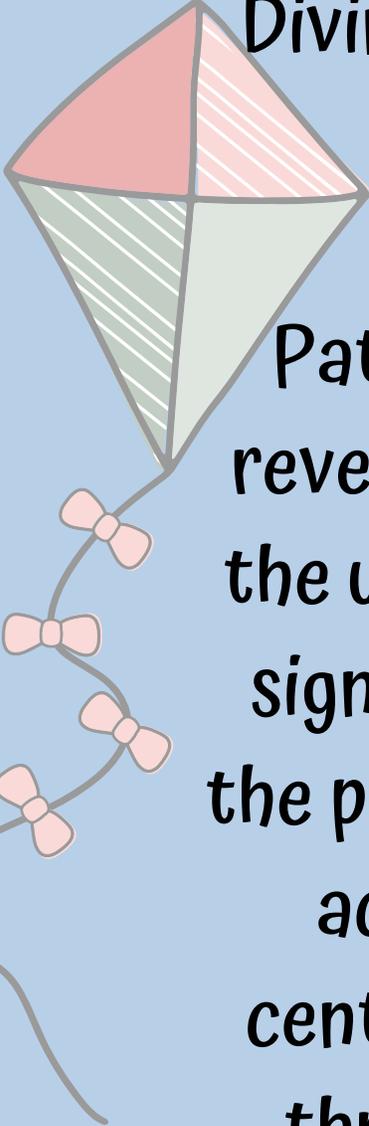


The **3** symbolizes sensitivity and inner nurturing as the child is responsive not reactive

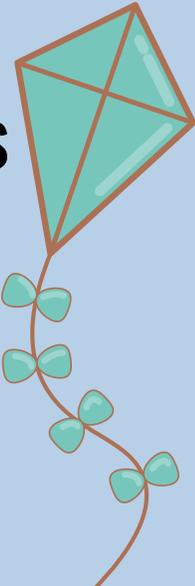


The **7** symbolizes divine intelligence that is received in the stillness of the moments between actions.

Divine self expression is a union of the brain and the heart.



Patience starts with a **71**. The **7** reveals the gifts in the mystery of the unknown. The **1** which equals **8** signifies the connection between the physical and the spiritual that is accessed through the feeling centres and enhances confidence through conscious awareness.



# Perseverance = 759154581535

(59 = 5)

Perseverance is the willpower to follow your heart despite external distractions.

The total of Perseverance is a 5. The 5 is about focus and self discipline which represents freedom through consistent effort.

The 9 highlights the importance of integrity and the need to push through all conditions.



Genuine = 7553955

(39 = 3)



Being Genuine is trusting your feelings over your mind and not being scared to take chances.

The total of Genuine is a 3.

The 3 represents the inner child and self expression. Authentic self expression is only possible from a place of non attachment and zero expectations





The **9** mirrors the **3** and reveals that genuineness is impossible without connection to spirit. The total **12** highlights the importance of simplicity and going back to basics.

The many **5**'s in the word stress the importance of focusing on the present task at hand and not getting distracted by the **5** senses.



Honour = 865639

(37 = 1)



Honour is a contract with your Higher Self. An Appreciation and devotion to the calling of your heart.

The total of Honour is a 1.

The 1 in its full essence is the leader. A contractual obligation to break barriers and pioneer a new way of living.





The **37** is a powerfully unique number that merges the inner child with its inherent divine intelligence.

$$37 \times 3 = 111$$

$$37 \times 6 = 222$$

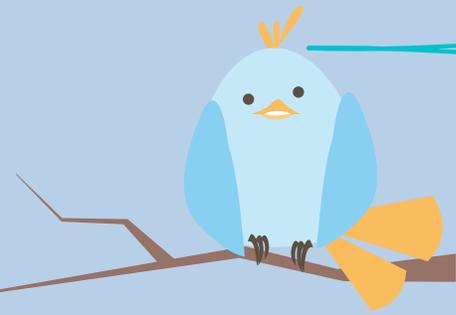
$$37 \times 9 = 333$$



The **8** in the front highlights the necessity of bridging the physical and spiritual. The **6** following that introduces the vision and ability to accept divine guidance.



Consistent = 3651912552



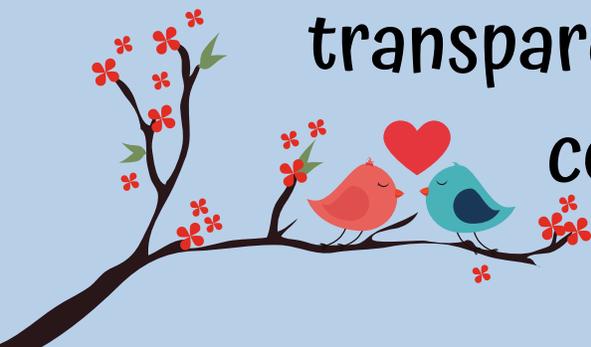
(39 = 3)



The 365 at the beginning symbolizes building momentum through repetitive high vibrational disciplines.

The 36 represents divinity and promotes being in integrity with your daily actions and service to the greater good.

The 39 once again stimulates the importance of simplicity to maintain transparency and co-operative communication.





Truth = 29328

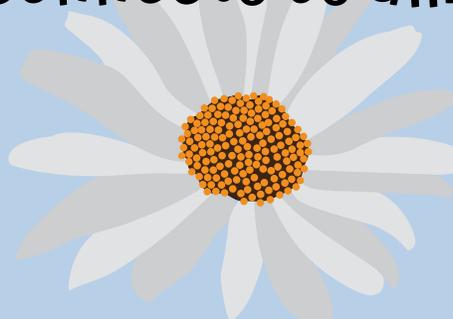


(24 = 6)

The 6 total highlights the importance of developing the vision to learn full acceptance of self and others.

The 24 promotes learning from each other whilst maintaining boundaries and developing solid foundations based on truth.

The strong 2 influence reveals the sensitive nature of truth and how it connects us all.



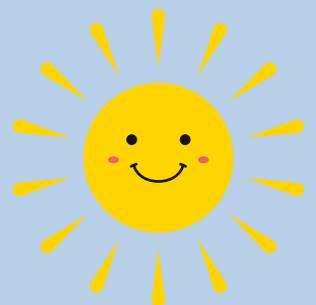
Joy = 167

(14 = 5)



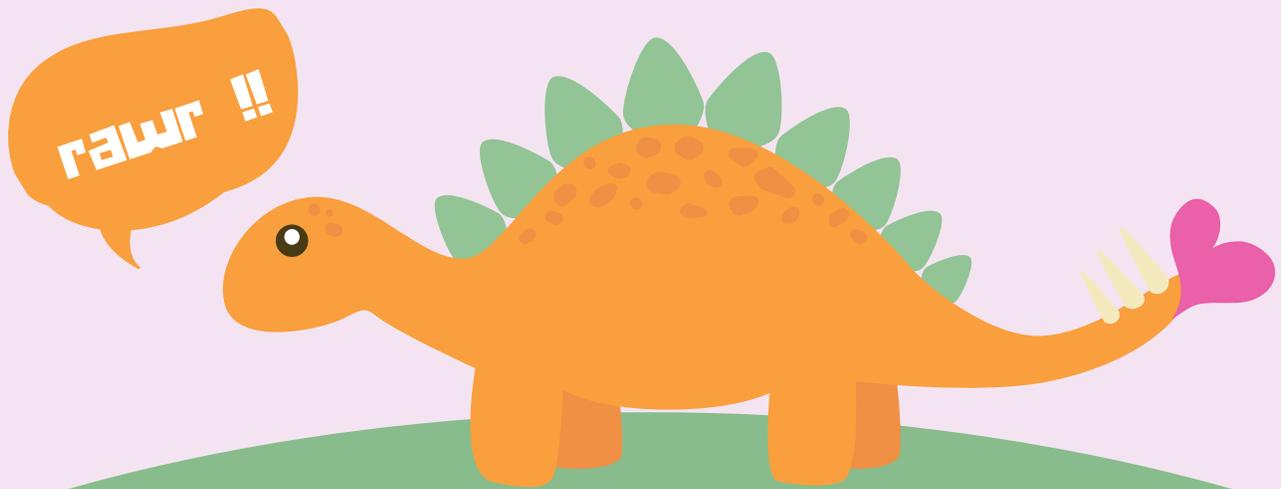
The word Joy has been highly manipulated as it has such a strong frequency.

The 5 is the number of freedom and self love and tells us that only through self awareness can we find true joy which is the gift of life. The 5 is the most dynamic number, always looking for new experiences to expand its inner-standing of the world.



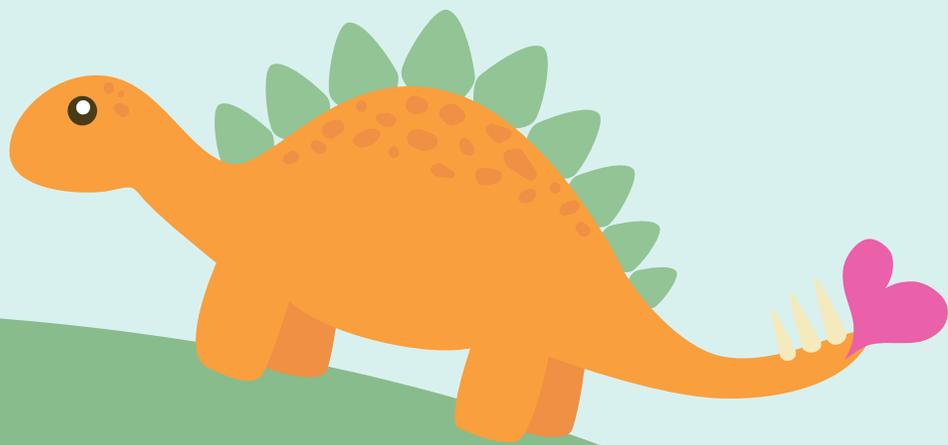


# COMPASSION



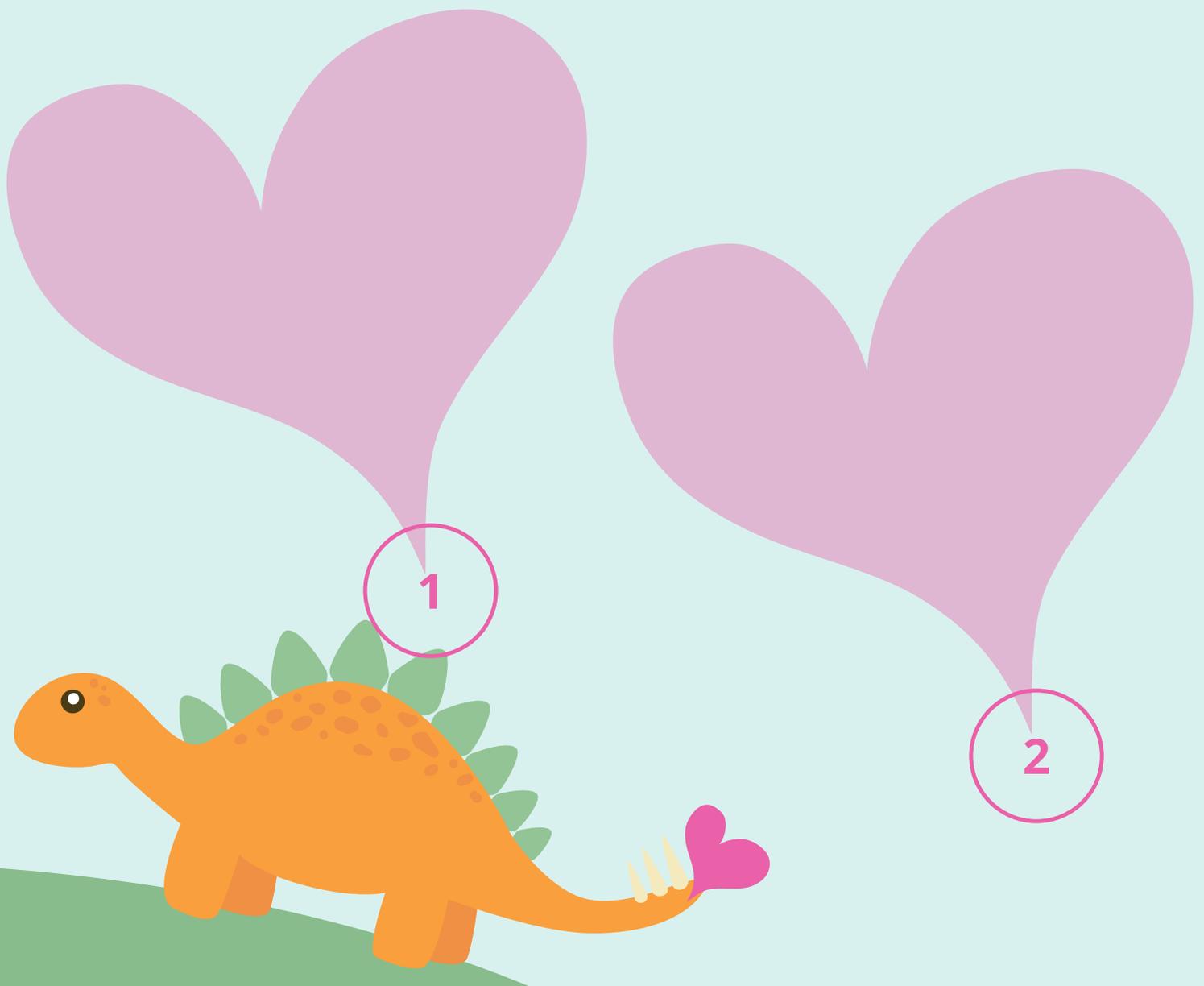
*that means,  
'I love you'  
in dinosaur*

**When we have  
mastered using a  
spoon, mastered  
swimming, or  
mastered a skill,  
do we see others  
learning it, like  
how we have?**





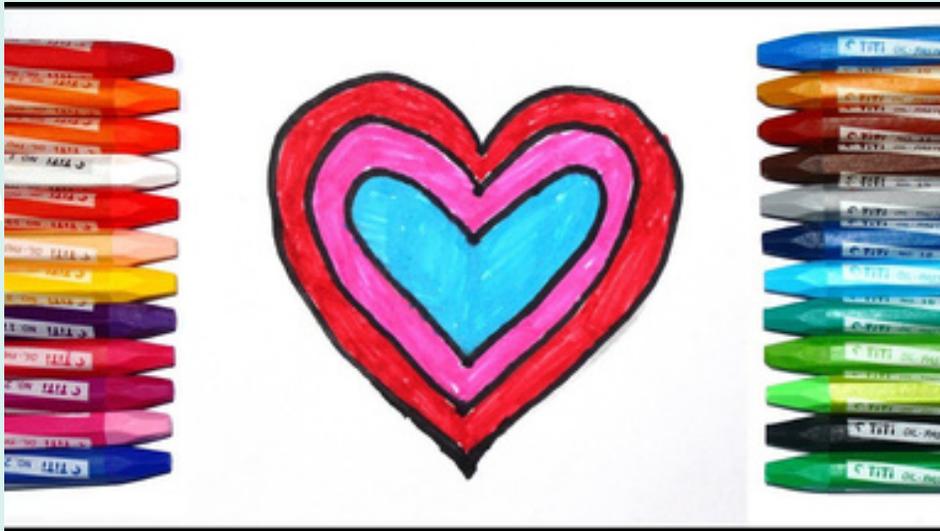
**When we are learning how to use a spoon, learning how to swim, or learning a skill, how would we like to be loved and encouraged? Can we give them to ourselves and others too?**



# Who likes to be love fairies and dragons?

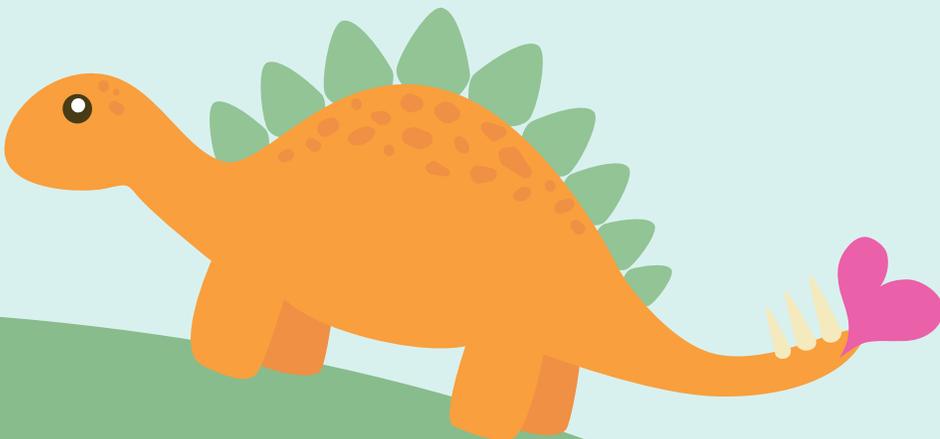
1

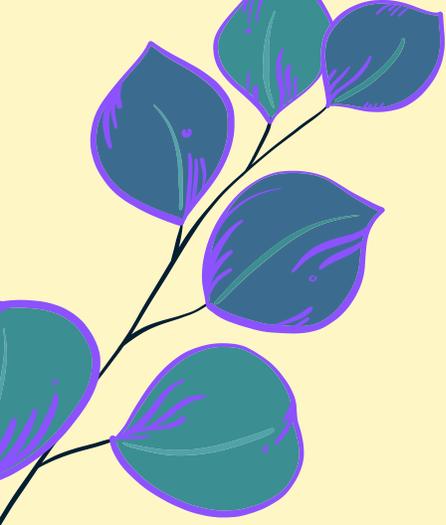
Draw hearts and stick them on your hands, feet and heart.



2

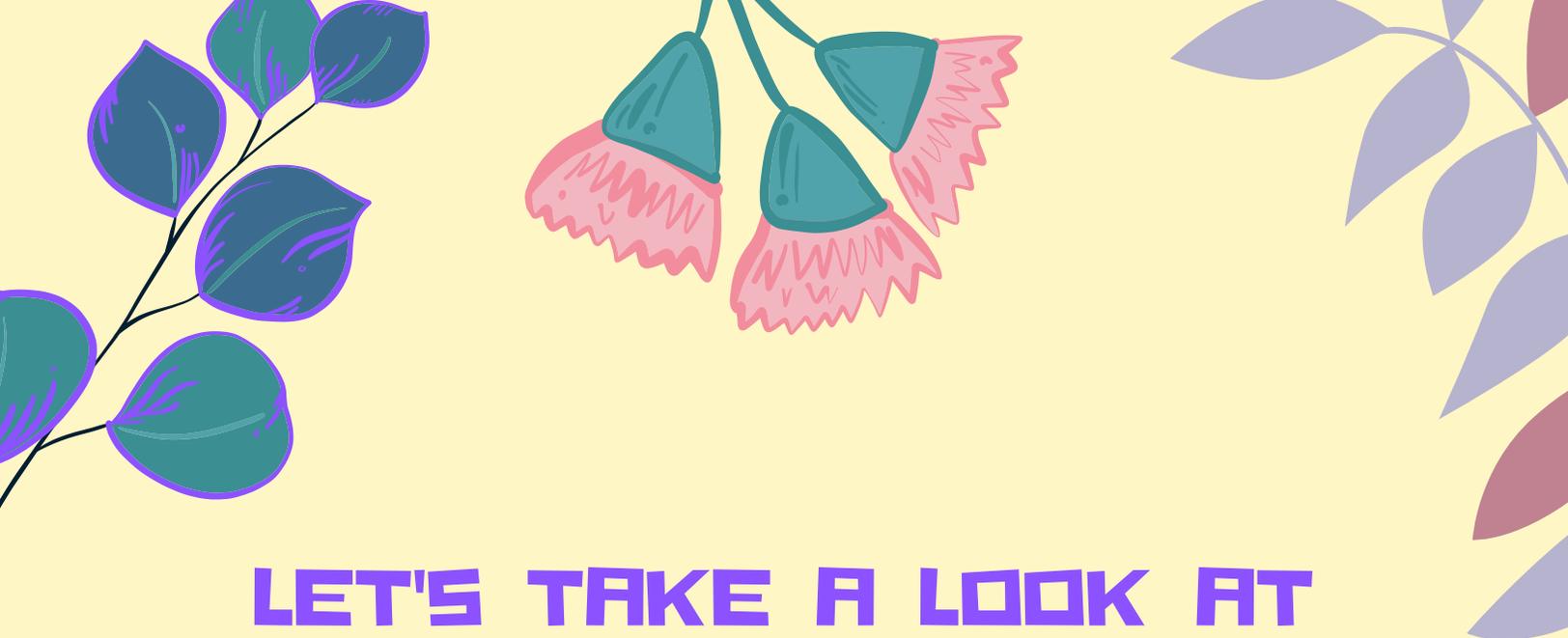
Go send out that love! Yippee!





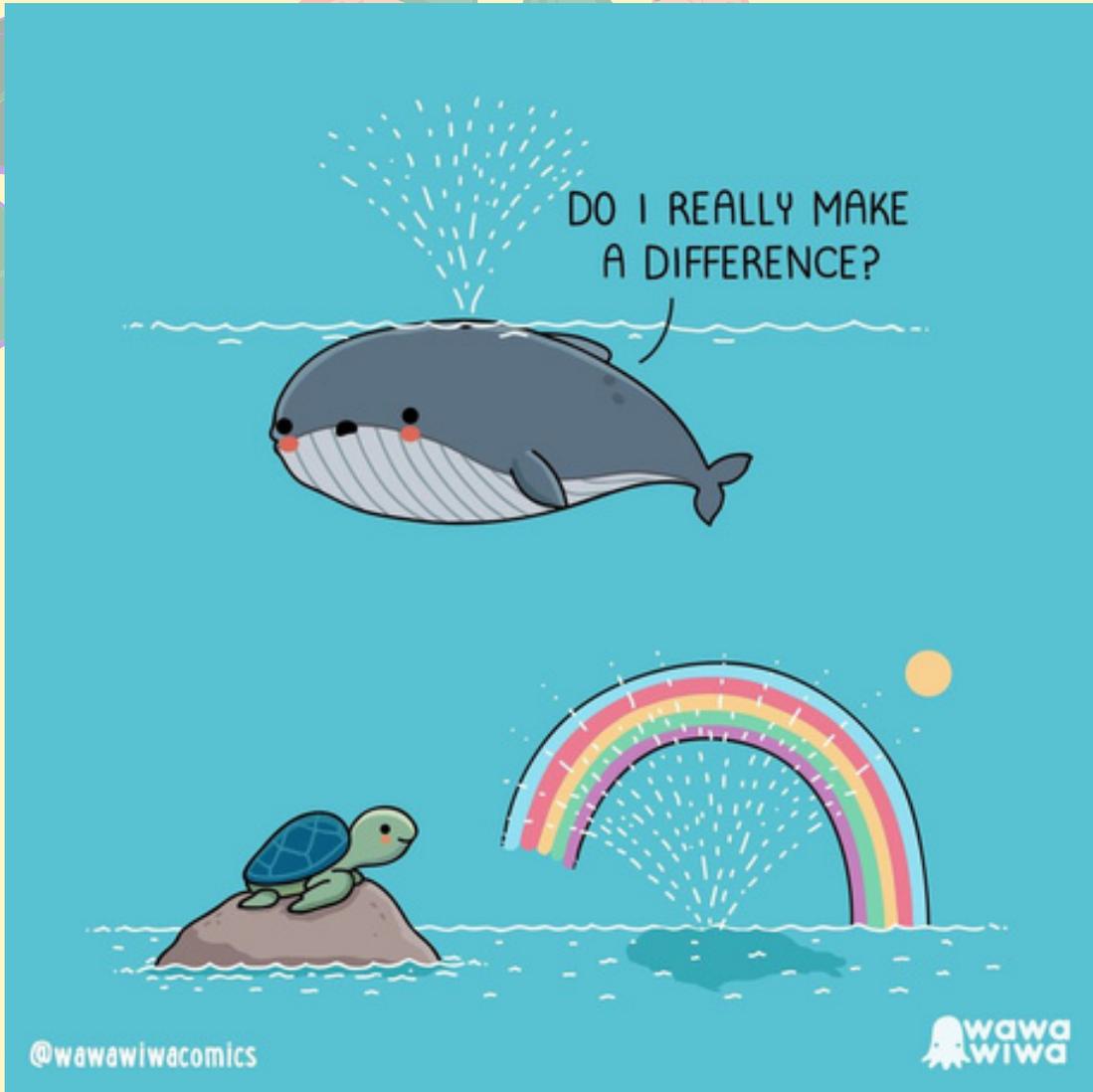
# WORTHINESS



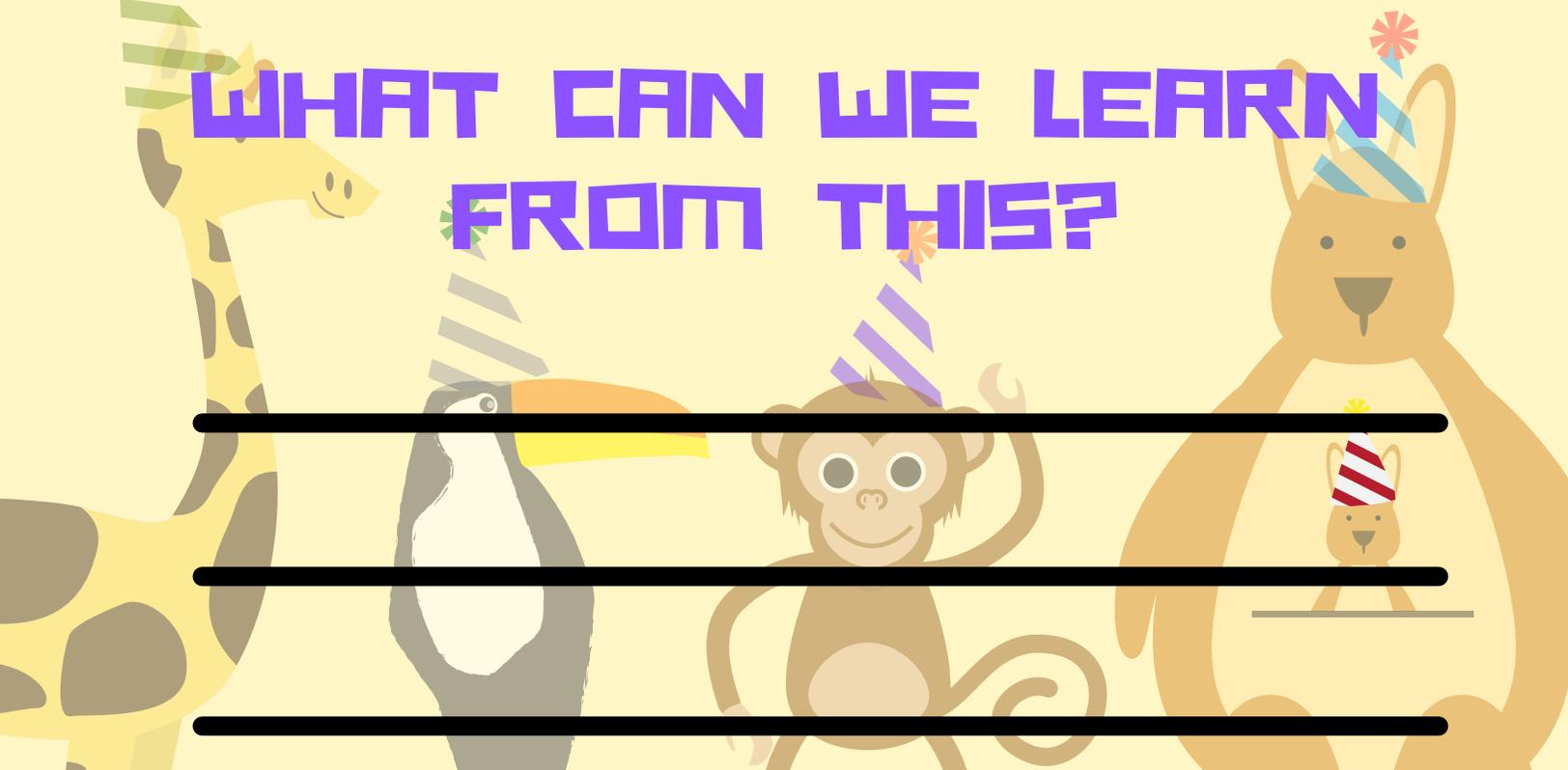


**LET'S TAKE A LOOK AT  
OUR ANIMAL FRIENDS  
AND PLANT FRIENDS, ARE  
THEY DIFFERENT? OR  
THE SAME? ARE THEY  
HAPPY IN THEIR OWN  
SKIN? OR DO THEY NOT  
LIKE WHO THEY ARE?**





# WHAT CAN WE LEARN FROM THIS?





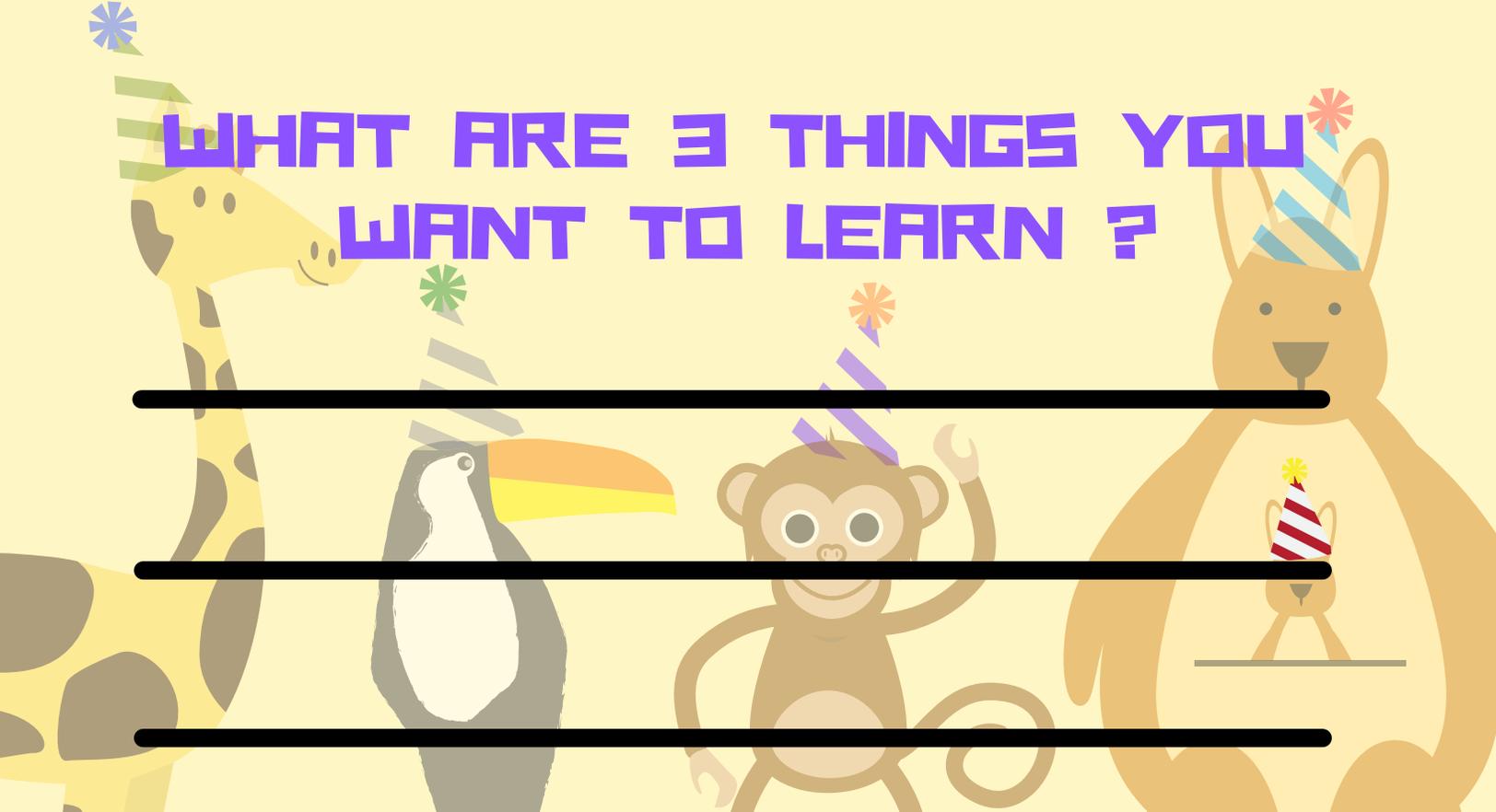
# WHAT ARE 3 THINGS YOU ARE GOOD AT ?

*Are you good at smiling / running / chewing your food / packing your room ...?*

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# WHAT ARE 3 THINGS YOU WANT TO LEARN ?

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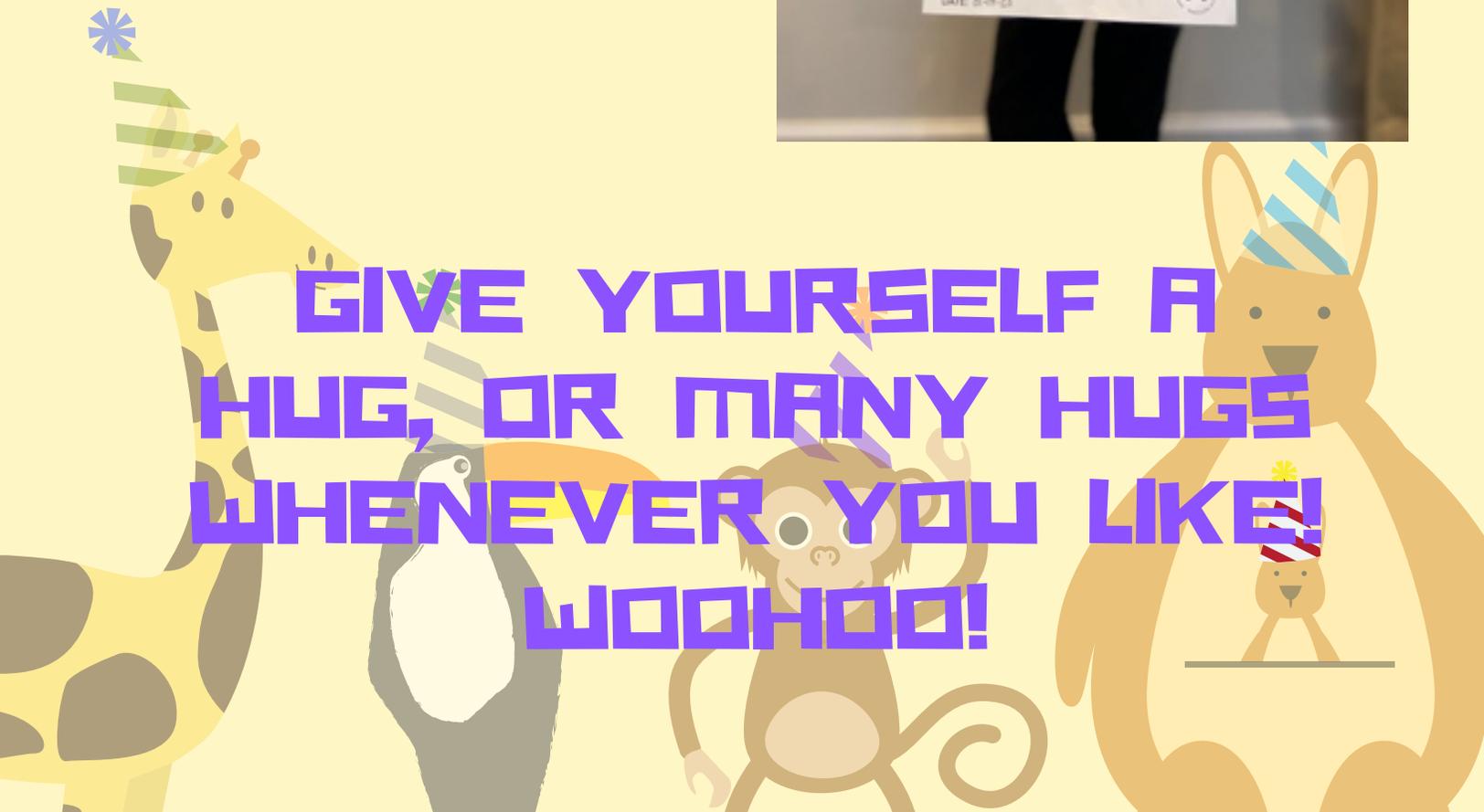
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# HUG YOURSELF

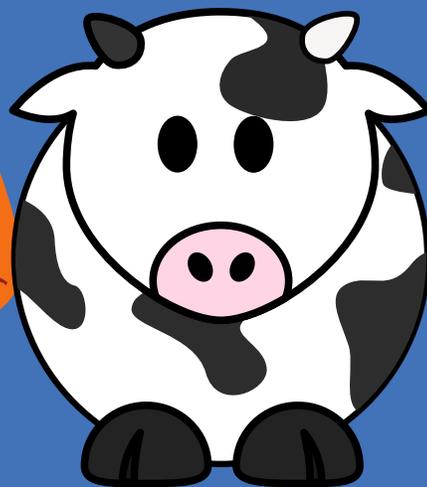


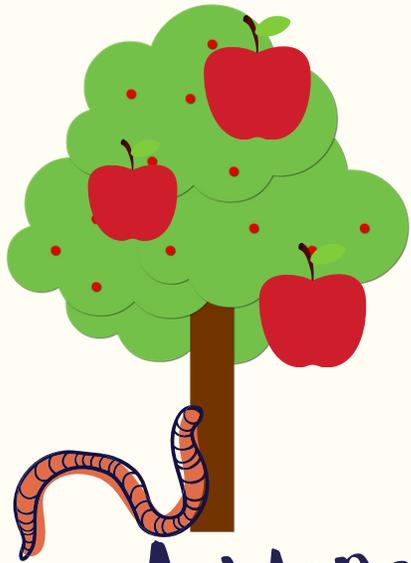
**GIVE YOURSELF A  
HUG, OR MANY HUGS  
WHENEVER YOU LIKE!  
WOOHOO!**





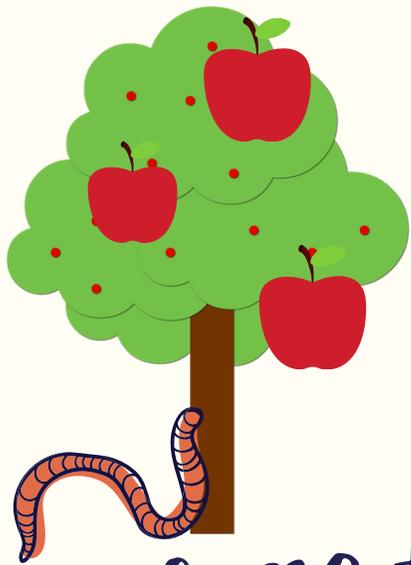
# GRATITUDE





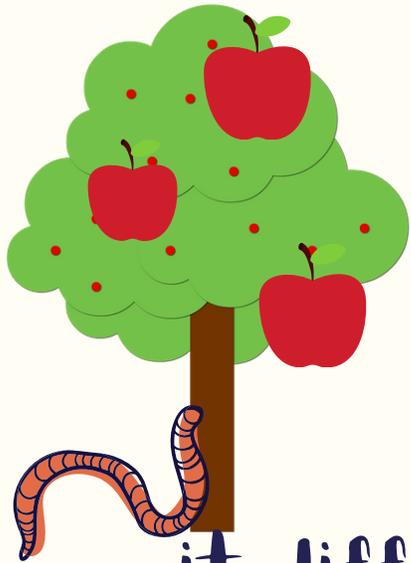
# A story about an apple tree and worm

A worm was looking to find a home and he crawled and walked. "Ooh, look, it's soil! Let's make this home!" The worm wriggled and danced, making tunnels happily. Eating the leaves above ground. A few days later, a farmer sprinkled some apple seeds into the soil. After



# A story about an apple tree and worm

some time, the seeds grew into an apple tree! The apple tree says to the worm "Hey worm, your wriggling and dancing is itching me! Please stop!" The worm continued and the apple tree wasn't pleased. "Please go away worm!" The worm agreed and went away. As the apple tree grew bigger, he found



# A story about an apple tree and worm

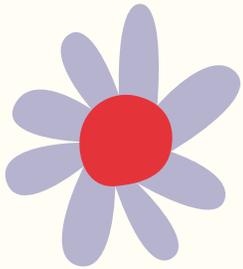
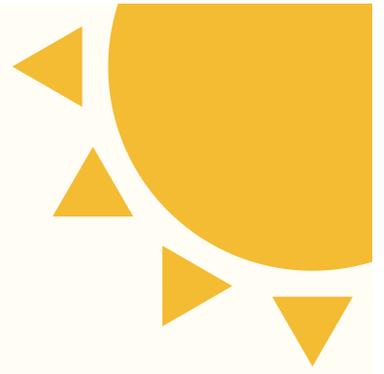
it difficult to grow its roots into the hard soil. "Oops! I need the worm to make my soil soft! Please will you help me worm?"

The apple tree realized everything that the worm did helped him grow, by loosening the soil, eating leaves and changing them into food for the soil. "How did I not see that before?" asked the apple tree.

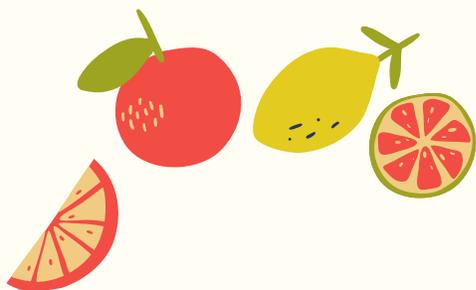
Like the apple tree,  
we may not know the  
worm is helping us.  
Thank and bless  
anyway!

What are some things / people / events we may  
not feel thankful about before, and would like to  
thank and bless them now?

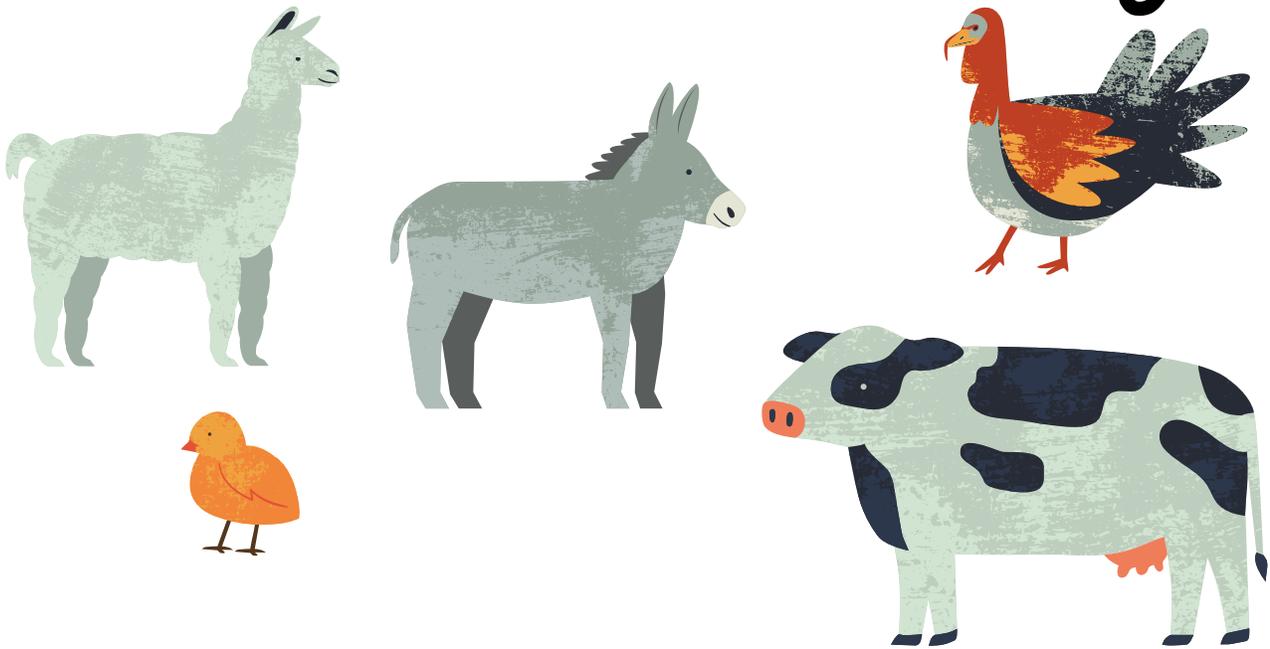
Thank you, bless you \_\_\_\_\_



Imagine if  
**EVERYTHING** is here  
to help us... How  
would you feel?



# Animal Activity



**In the heart we are ONE. You can connect with the animal Queendom**



# Animal Activity

different ages - different stages

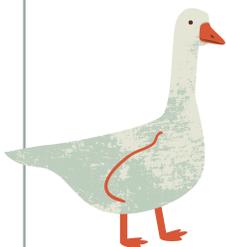
You can cut the cards below and have them as first set of cards for your crystal child. glue on cardboard to make stronger and colorful

For the youngest one this can be a game in which the names and sound of each animal is learned



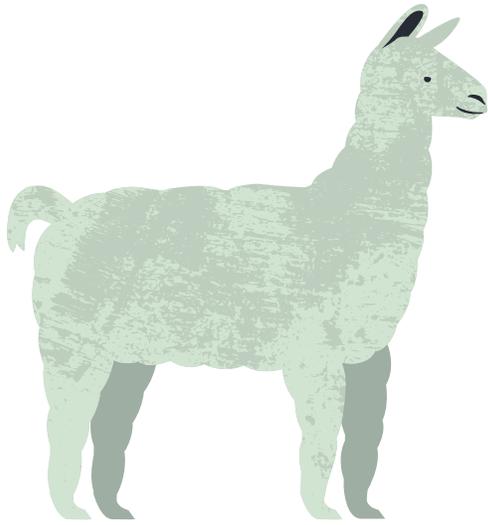
For the older children we can practise our heart connection, which requires heart centeredness. Start with divine breathe and calming down. Find together the peace in the heart.

Then pick two cards and ask "which one is -name-"

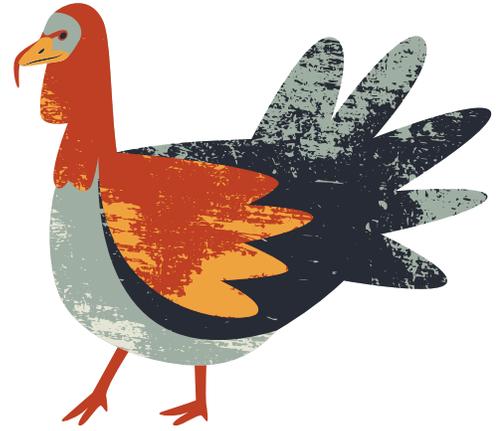


A variety: pick one card, connect in heart, ask "what's on this card?"

Send the answer through your heart



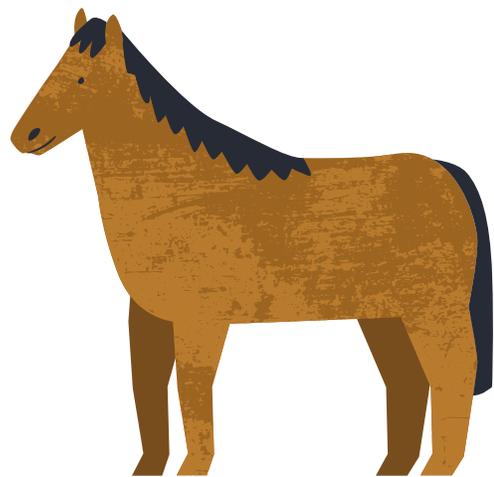
Llama



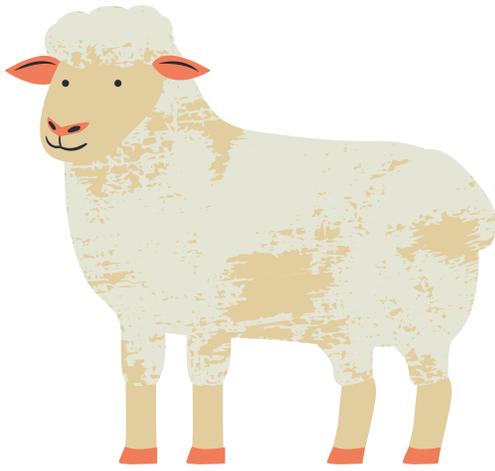
Turkey



Bee



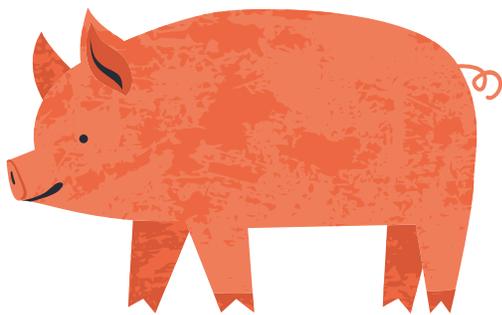
Horse



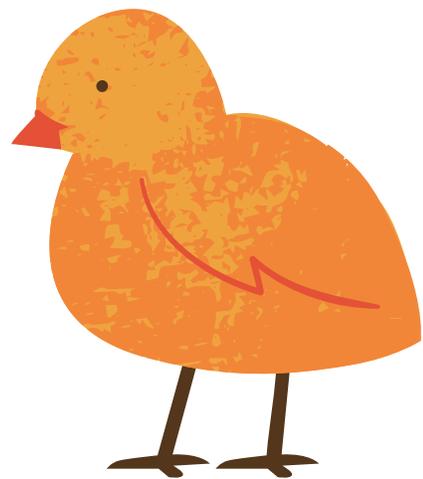
Sheep



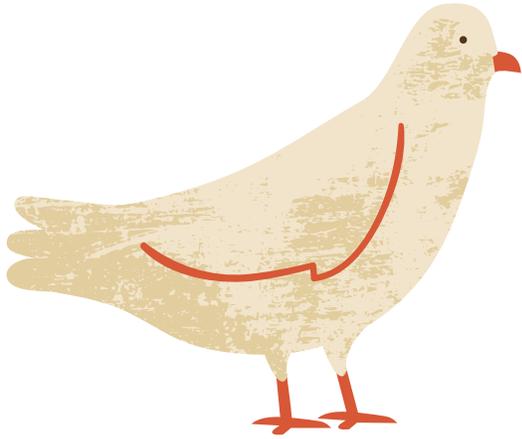
Dog



Pig



Chick



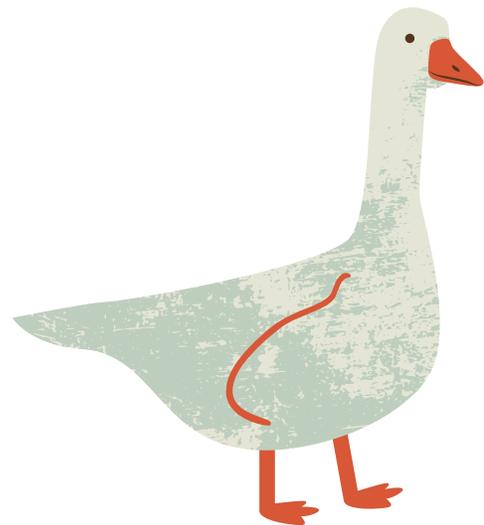
Dove



Donkey



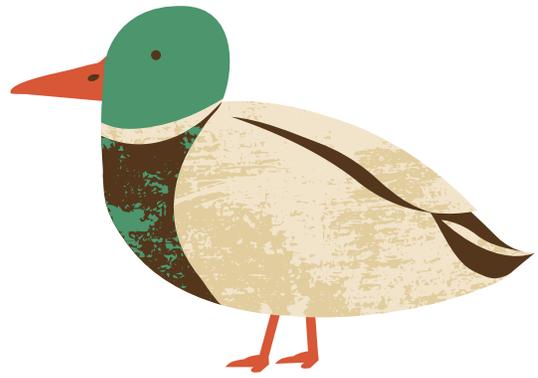
Cow



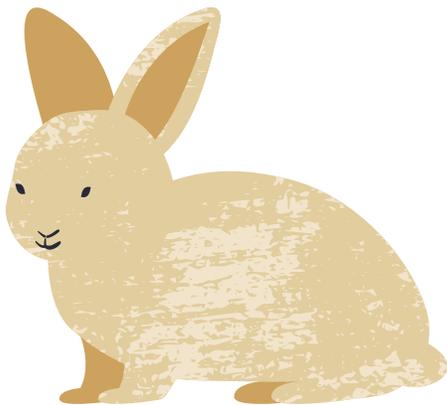
Goose



Rooster



Duck



Rabbit



Earthworm

# ORGANIC UNCONDITIONAL LOVE



*love*

*Unconditional Love is an Organic Part of*

*Our Being*

*Being Organic Means*

*Being Fully Present*

*With No Thoughts or Fears*

*The Expression of  
Unconditional Love Should*

*Feel Natural & Free*

Unconditional Love is an Organic Part  
of Our Being

love

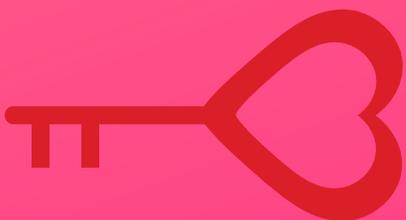


We Are All  
Made of Love



Any Blocks to Expressing Love  
Are From Belief Systems

The Key to Organic  
Love Is To Be You



Being Organic Means Being Fully Present  
With No Thoughts or Fears

love



Being Present = Being in the Now  
In Joy & Peace



The Present Has No Thoughts,  
Only Feeling & Knowing

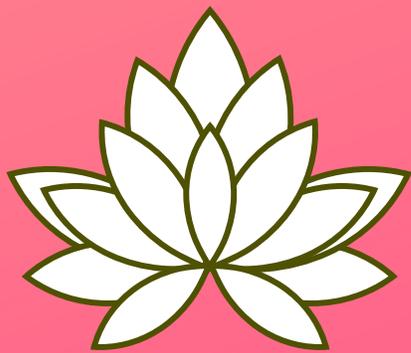


Organic Love Has No Fear!  
Only Full Trust

The Expression of Unconditional  
Love Should Feel Natural & Free



love



Expressing Love is Natural  
& Organic to Our Being



Organic Expressions of Love Flow  
Freely Through Us



Giving Love & Expressing Love  
Is Our Greatest Joy

# Patience

## IS A GREAT DIVINE TRAIT

Patience is a wonderful virtue that will give you many fruits when you take your time to plant the seeds, nurture them, and harvest the gifts. So that you can then enjoy the results of your consistency and being love in action.

Nonetheless, we need to be careful not to confuse being patient with attachment and expectations, or with enabling and avoiding something we should be doing, facing, saying, or feeling.

Patience with ourselves is very important, yet we need to make sure that we are not slowing down our growth. Because we fear change, the key is to keep the flow and be like water, let go and flow! Most probably you will be surprised with the outcome.

We need to learn not to rush things or try to control them. We must TRUST that Divine Timing teaches us to FLOW, and flow implies that we need to keep moving, nice and steady, always progressing. It doesn't matter if we take tiny steps. Never take anything personally, and avoid falling into the traps of intolerance, lack of trust, arrogance, anxiety, or any lower aspect that comes to be when we are not patient. Things will always happen in Divine Timing, so there is no sense in rushing .

Patience is the key to experience Life Force at full speed. Mother God has given us all that we need, we just need to be able to feel it and innerstand it. Be love in action always, and you will continuously reap the blessings of your doing.

Allow yourself to enjoy everything you do always heart-centered.



# How a Seed Grows

IN YOUR OWN WORDS DESCRIBE WHAT HAPPENS TO A SEED WHEN IT GROWS, PLEASE INCLUDE THE TIME THAT EACH STEP COULD TAKE. ADD DETAILS.



**FIRST**

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**NEXT**

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**THEN**

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# the Seed Cycle

We will be exploring what patience is, through an ongoing process to give you the opportunity to experience what being patient means. Plants, help us breath. Some have beautiful flowers and others give delicious fruits, and we will be seeing what do we need to do to help grow our own plant. You will need 4 or 5 beans, dirt and a pot or a container.

PLANT A SEED IN SOIL. WATER IT. MAKE SURE IT HAS SUN AND AIR. WATCH IT GROW.

You will need to be filling in the lines below as you are able to finish each step. Describe each step you take and what happens. Afterwards compare the results with what you wrote on the first excercise.



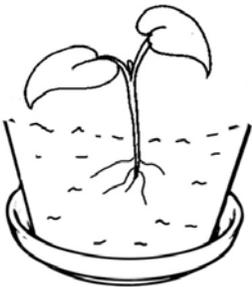
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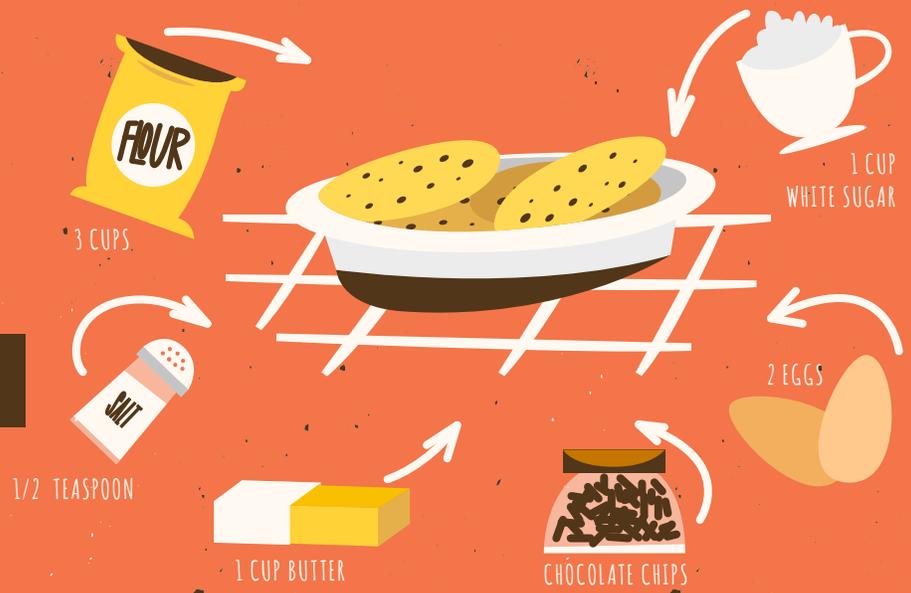
# My Plant

IF YOU COULD CREATE A SPECIAL PLANT, WHAT WOULD IT LOOK LIKE?



# Chocolate CHIP-COOKIES

ACTIVITY TO BE DONE WITH A GROWN-UP



## Ingredients

- 1 cup butter
- 1 cup white sugar
- 1 cup brown sugar
- 2 eggs
- 2 teaspoons vanilla
- 1 teaspoon baking soda
- 2 teaspoons hot water
- 3 cups flour
- 1/2 teaspoon salt
- 2 teaspoons chocolate chips

## Directions

1. Let an adult preheat the oven to 350 degrees.
2. Mix together the butter, white sugar and brown sugar.
3. Beat in the eggs one at a time, then stir in the vanilla.
4. Dissolve backing soda in hot water. Add it to a bowl with salt.
5. Stir in the flour and the chocolate chips.
6. Roll cookies into balls and put on cookie sheet.
7. Bake in oven for 10 minutes.
8. Take out of the oven, let cool down.
9. Bless them & enjoy!

CAREFULLY FOLLOW THE INSTRUCTIONS ABOVE. YOU WILL NEED THE HELP OF AN ADULT.

- How long did it take to cook the cookies? \_\_\_\_\_
- How long did it take you to eat the cookies? \_\_\_\_\_
- What would happen if you do not finish each step? \_\_\_\_\_
- Was it worth your while? \_\_\_\_\_

# Patience

IS A GREAT DIVINE TRAIT

We always need to learn how to do things.

To be good at anything you need to practice and be consistent.

You will rarely get to do things perfectly well after your first try.

By loving yourself, with the help of a loving teacher, perseverance, a lot of patience and finding joy in all you do, you will always manage to grow and learn.

Reheart to try and avoid expectations.

Regardless of what you do, you should trust the experience and the Divine Plan.

In love, nothing is an error and everything is a blessing. An opportunity to change and grow.

Always smile!





# DIVINE PERSEVERANCE

*Never Giving Up*

*Lessons & Blessings*



*Excited for Challenges*

*Solutions > Problems*

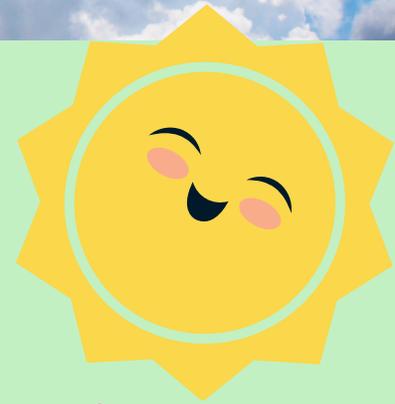
*Self-Confidence*





# DIVINE PERSEVERANCE

Never Giving Up



**Always Do Your Best, No Matter What !**

**Love Does Not Quit, It Always Keeps Going**



**When You Get Knocked Down,  
Always Get Up & Stand Tall**

**LOVE = STRENGTH**





# DIVINE PERSEVERANCE

Lessons & Blessings



**There Are No Mistakes In Heaven, Only Lessons!**

**Failure Is Not Real, We Are Always Growing**

**Challenges Are Blessings for the Soul**

**Creation is Always Expanding &  
Always Growing & So Are We !**





# DIVINE PERSEVERANCE

Excited for Challenges



**Only EGO Wants Everything to Be "Easy"**

**Challenges Are Soul Growth, Which is  
How We Expand in the 3D**

**Challenges Are Blessings for the Soul**

**Being Excited for Challenges Rather  
Than Afraid Helps Us Become Grander**





# DIVINE PERSEVERANCE

Solutions > Problems



The EGO wants to Focus on Problems, the Heart  
Focus on Solutions

There is Always a Way

Limitless Possibilities Exist

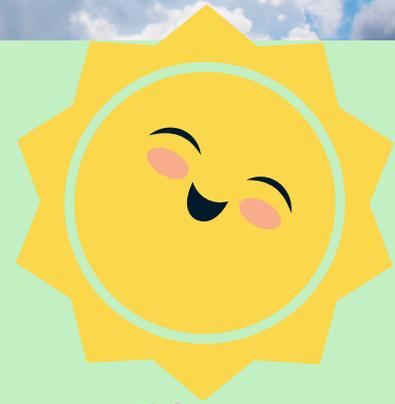
If Something is Working, Don't Change  
It. If it is Not Working, Find a New Way





# DIVINE PERSEVERANCE

## Self-Confidence



**Push Through Challenges Increases Our Self-Confidence**

**You Are Capable of Anything!**

**Remember You Are A Royal Angel & You Are Brilliant!**

**Always Trust Yourself & Always Try Again**



NAME \_\_\_\_\_

DATE \_\_\_\_\_

# Divine Perseverance: Fill in the Blank

Use the divine perseverance slide show to fill in the blanks in the following sentences. Have fun!

Love does not \_\_\_\_\_, it always keeps \_\_\_\_\_.

There are no \_\_\_\_\_ in Heaven, only  
\_\_\_\_\_.

Challenges are \_\_\_\_\_ for the Soul.

Remember you are a \_\_\_\_\_ & You  
ARE brilliant!

Pushing through \_\_\_\_\_

increases our self \_\_\_\_\_.





# GENUINENESS



Being Authentic

Being Real

Living Your Truth

Unafraid to Be  
You

GENUINENESS

# Being Authentic

Expressing Yourself Freely

Saying What You Mean

Don't Dim Your Light for Fear of  
Rejection or Judgment

Allow Others the Space to Be  
Who They Are



# GENUINENESS

## Being Real

Being REAL=Being YOU

Being Real=Being Love

Being Real Means You Are Honest, Transparent,  
& Vulnerable,

Being Real Means Being Honest With  
Yourself



GENUINENESS

# Living Your Truth

Living Your Truth Means Honoring  
Your Feelings

Doing What You Say You Will Do

Walking Your Talk

Being The Best  
Version of You



# GENUINENESS

## Unafraid to be You

No Fear of What Others "Think" About You

No Fear of Rejection By Others

Loving Yourself As An Aspect of Source

Shine Bright & Allow Others to Shine



NAME:

DATE:

# Genuineness Short Answer Questions

Answer the following questions in 2-3 sentences:

What does it mean to you to be real?

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How do you honor your feelings?

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Are there any fears that you are working on transforming?

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How do you shine your light to others?

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---

What is your favorite way to be genuine and why?

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---

---

# Honor





We may look different  
on the outside...

Did you know we are  
made of the same love on  
the inside?



How do I like others to  
treat me? Nice / Badly?

Is how I am able to treat  
others.



# Hold a Teddy Bear Tea / Car Party



Invite your teddy bear friends / car friends  
to party and serve them food or anything  
nice!



Now, serve 1 family,  
1 friend, 1 stranger  
something nice!



What do they like?

1



2



3





# Make A Dish Together



Everyone gets to put in ingredients they like! What's yours? And what's theirs?



## Reflection





# Consistency is the key

**LEARNING SOMETHING NEW OR CHANGE A  
HABIT IS A PROCESS, NOT A SWITCH YOU  
FLIP ONE TIME.**

**YOU WANT TO BECOME A TRULY DIFFERENT  
VERSION OF YOURSELF, THE GREATEST  
AND GRANDEST POSSIBLE!**

**FOR THAT YOU HAVE TO STRIVE FOR BEING  
THE CHANGE EVERY DAY BY BEING  
CONSISTENT**

**MOTHER GOD HAS THE TOOLS AND  
TECHNIQUES FOR THAT!**

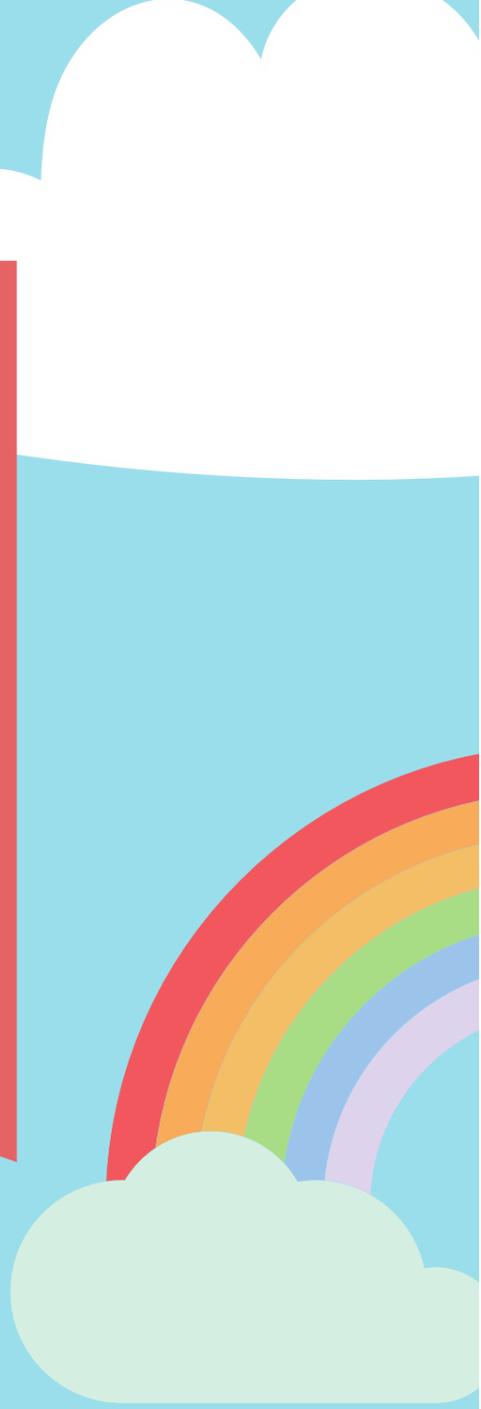
**THE SPIRITUAL DISCIPLINES TO PRACTISE  
EVERY DAY**





**NOW: TO STAY  
CONSISTENT, HOLD  
YOURSELF  
ACCOUNTABLE,  
WORK TOGETHER  
WITH OTHERS**

**THE EGO CANNOT  
KEEP UP WITH  
CONSISTENCY  
IT TRIES TO  
DISTRACT YOU OR  
MAKES YOU LAZY**

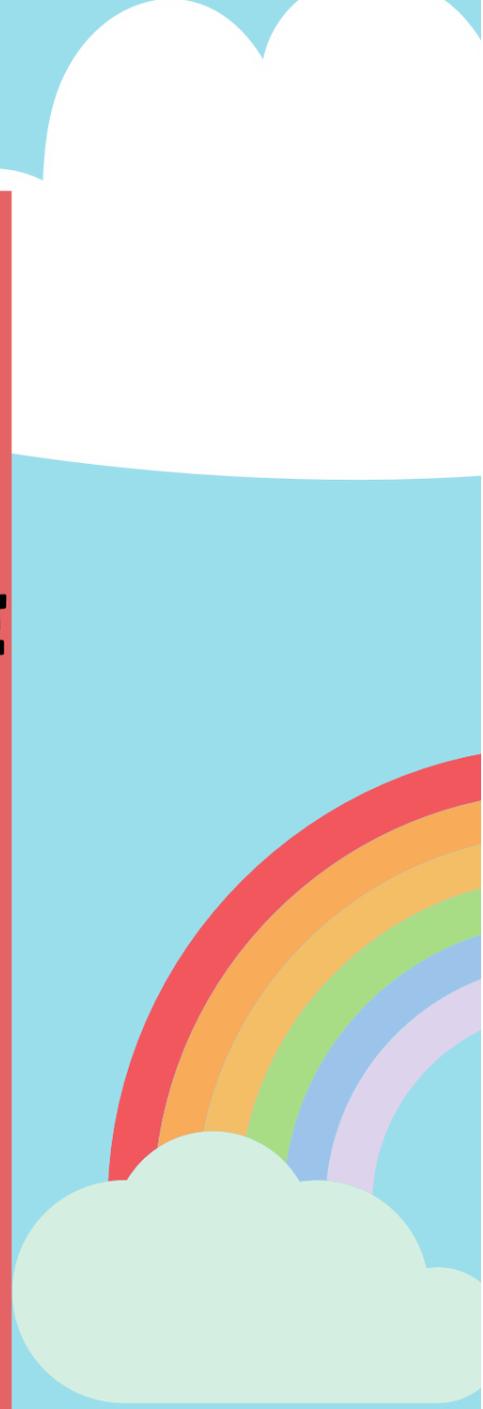


**THROUGH BEING  
CONSISTENT WE  
EMBODY MORE  
AND MORE OUR  
HIGHER SELF AND  
FEEL THE  
GROWTH!**

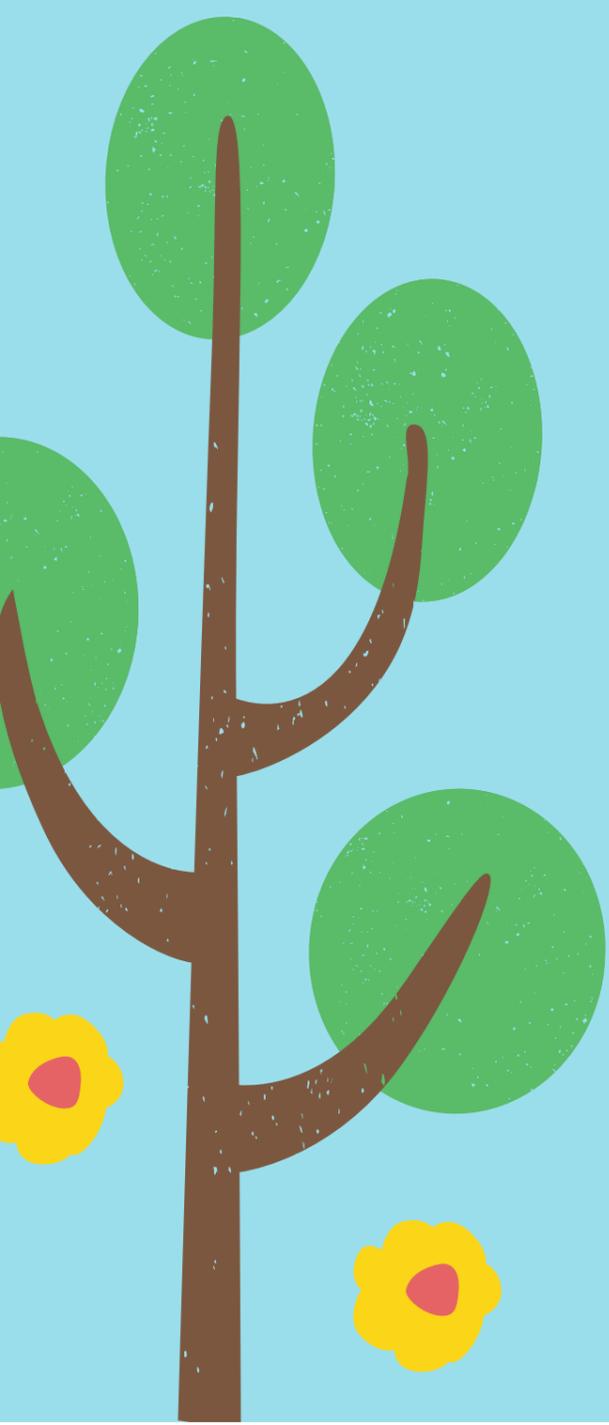




**EVERYDAY NEW,  
EVERY MOMENT  
WE ARE  
REHEARTED TO BE  
CONSISTENT, FOR  
EXAMPLE WITH  
CUTTING CORDS  
TO PROTECT  
YOUR OWN  
ENERGIES**



**WE HAVE BEEN  
PROGRAMMED TO  
DO THINGS AND  
THINK IN LOWER  
ENERGIES, NOW WE  
USE CONSISTENT  
WORK TO BRING IT  
BACK TO LOVE**





## **WAYS TO BE CONSISTENT:**

- **MAKE YOUR BED AFTER GETTING UP**
- **CLEAN YOUR DIRTY DISHES UP**
- **SAY A LITTLE PRAYER BEFORE YOU GO TO REST AT NIGHT**
- **BE CREATIVE EVERY DAY (DRAW, CRAFT, SING AND DANCE)**
- **PRACTISE SPIRITUAL DISCIPLINES**

## **HOW THE EGO SHOWS**

- **NOT WANTING TO CLEAN UP**
- **BEING MEAN TO OTHER CHILDREN**
- **SCREAMING, CRYING, REACTING**
- **WANTING TO BE LAZY INSTEAD OF LOVE IN ACTION**



# ACTIVITY

## THE TREE FRIEND

**CAN YOU FIND YOUR TREE ANGEL?**

**TO START YOUR TRAINING ON CONSISTENCY WITH THE DISCIPLINES, YOU CAN PLAY THIS GAME WITH US:**

**ONE OF THE SPIRITUAL DISCIPLINES IS THE TREE MEDITATION. WE WANT TO INVITE YOU TO FIND A TREE YOU FEEL CONNECTED TO AND SPEND EVERYDAY TIME THERE WITH THIS TREE ANGEL. TAKE NOTES EVERYDAY OF YOU EXPERIENCE**



DAY 1

DAY 2

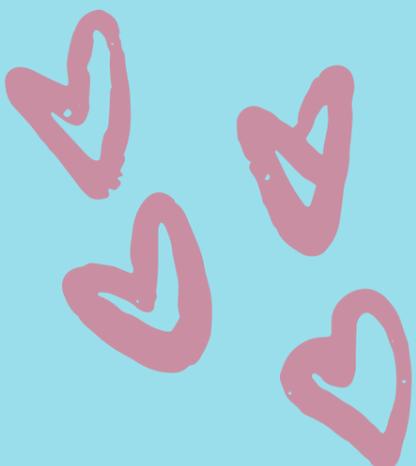
DAY 3

DAY 4

DAY 5

DAY 6

DAY 7



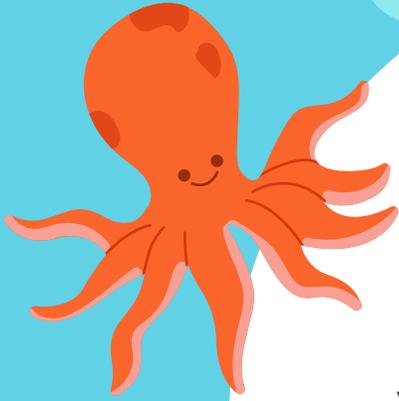
# Truth

MOTHER GOD'S DIVINE TRAITS



You cannot fool me!

Mother God is the Red Dragon.  
She knows everything.  
She knows when you are not telling the truth.  
She also knows when you are not being  
truthful with yourself. That is, when ever  
you are not listening to your heart.  
Our hearts, like Mother God, simply know.



If you want  
to know the  
**truth**

about Earth talk  
to a Whale!



Whales are Guardians of Earth  
if you wish to learn the truth, the  
real story of the Planet, then you  
better talk to a whale. To make  
sure you are told the  
truth about it.





## Embrace the truth

♥  Love HAS Won & joy reigns ★

Planet Earth=Heart is the most unique planet in Creation because it represents Mother Earth. The planet is her body. It is also the center of all Creation. It was once the garden of Eden. Mother and Father God are making sure it goes back to being Paradise. Heaven on Earth. You are a Royal Angel, here to find God and help her heal the Planet back to how it was before. To do this you need to speak your truth always, from your heart. We are here to be in Service to Love, helping each other remember what was it we came to Earth to do.

# Truth

MOTHER GOD'S DIVINE TRAITS

Truth is whatever is highest in the present moment. It is not linear nor should you attach. Truth can always reach a higher awareness and inner standing. Truth is LOVE.

Whenever you are in doubt feel with your heart and there you'll find the answer, or ask your angels.

You should ALWAYS SPEAK your truth, from your heart. This way you will be always in integrity. There is nothing like a good lie, a little lie, or a white lie, if you are lying, then you are not telling the truth so it is very important you always reheart this.



**Always  
speak  
your  
truth!**

## Truth are not facts

If your intention is to lie, cheat or deceive because of self-importance or selfish reasons... that is out of right action & that is not the truth.

It might happen that you do not have the awareness of something and by knowing it or saying it, this can cause problems and negative effects in your surroundings and group atmosphere, which would cause everything to fall apart.

So even though, that might happen to be the truth, **it is not the highest to share it.** Nor to talk about it. You just need to let it go!

***Always ask yourself what is the highest in every moment being in service to love.***

Anything that acts against unity and love is not the highest, hence it is not the highest to share it. Even if it could be true at any level.

**Truth can only take you higher!**



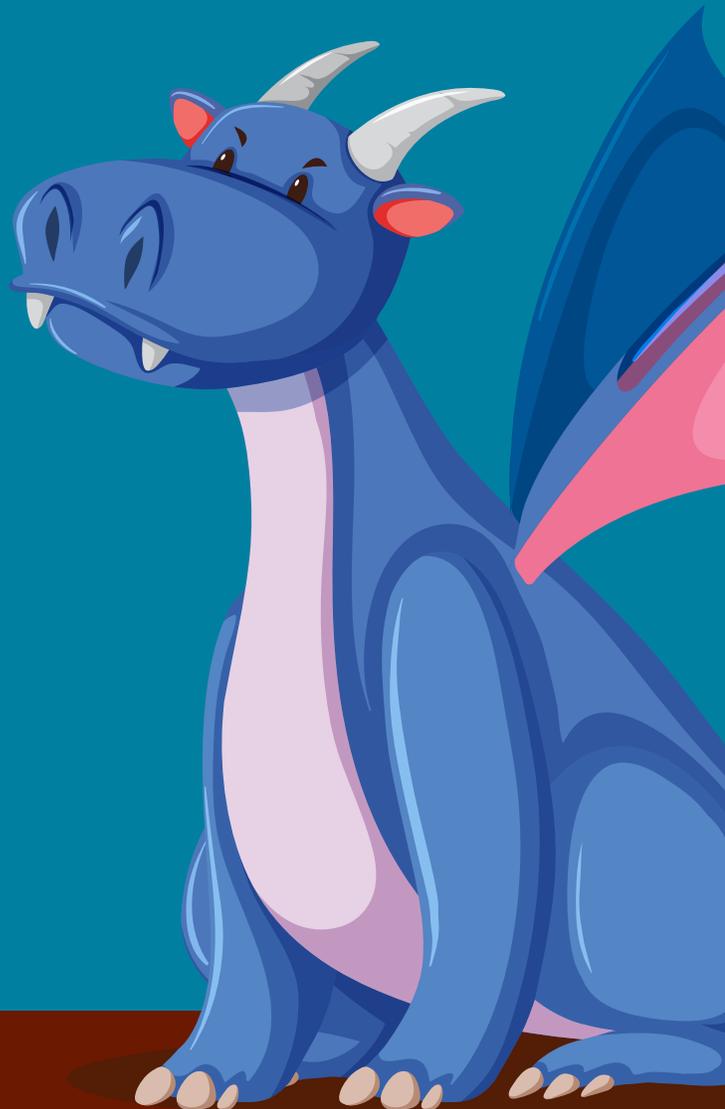
# My Truth List

**Make a list of anything you need to tell your truth about!**

It is important to always follow the Universal Laws, be Love in Action, and your true self, to do so, you also need to speak your truth ALWAYS.

It is what we need to do always. Always speak from your heart and this way you will avoid a lot of complications. You will not feel bad and you will feel happier with yourself!

Be honest and make your list. Once you finish ask a grownup to burn your list.





A large white rounded rectangle with horizontal lines for writing, set against a blue background with a whale and fish illustration.

## Share your truth with the whales!

**Write your story.** Who are you? Where were you born? How old are you? What do you like? What is it that you do not like? Where do you live? What do you **love** to do? What is it that makes you the happiest? What makes you the saddest? What would you like to do when you grow up? What is your greatest dream?

**If you are younger make a drawing of your true self.**

JOY



I'M A  
HAPPY  
LEMON

I'M A  
LEMON  
HAPPY

Joy is  
always  
here.  
Look  
closely  
and you  
will see  
it.



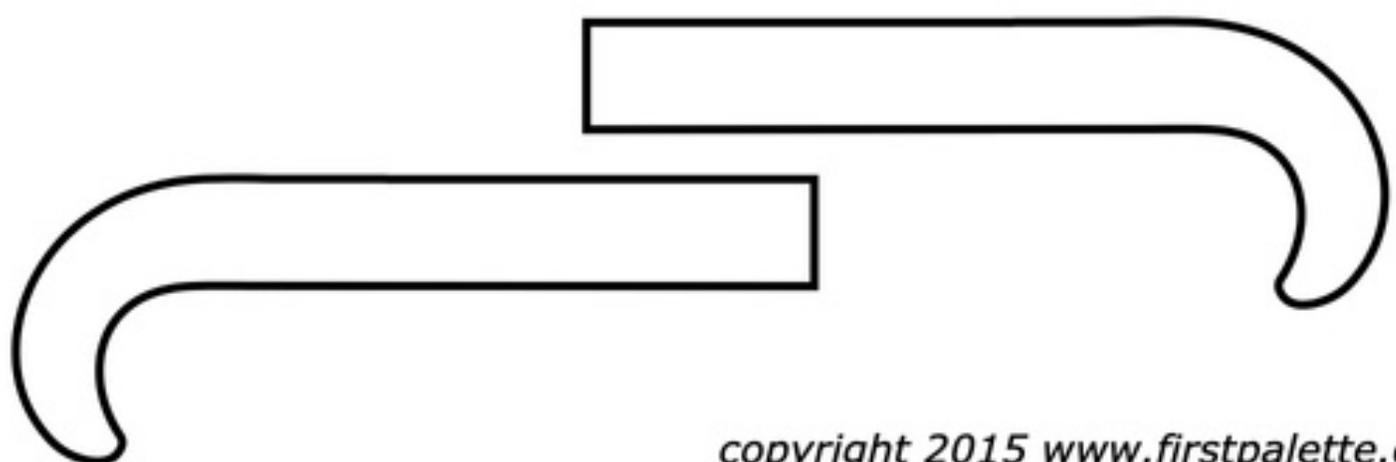
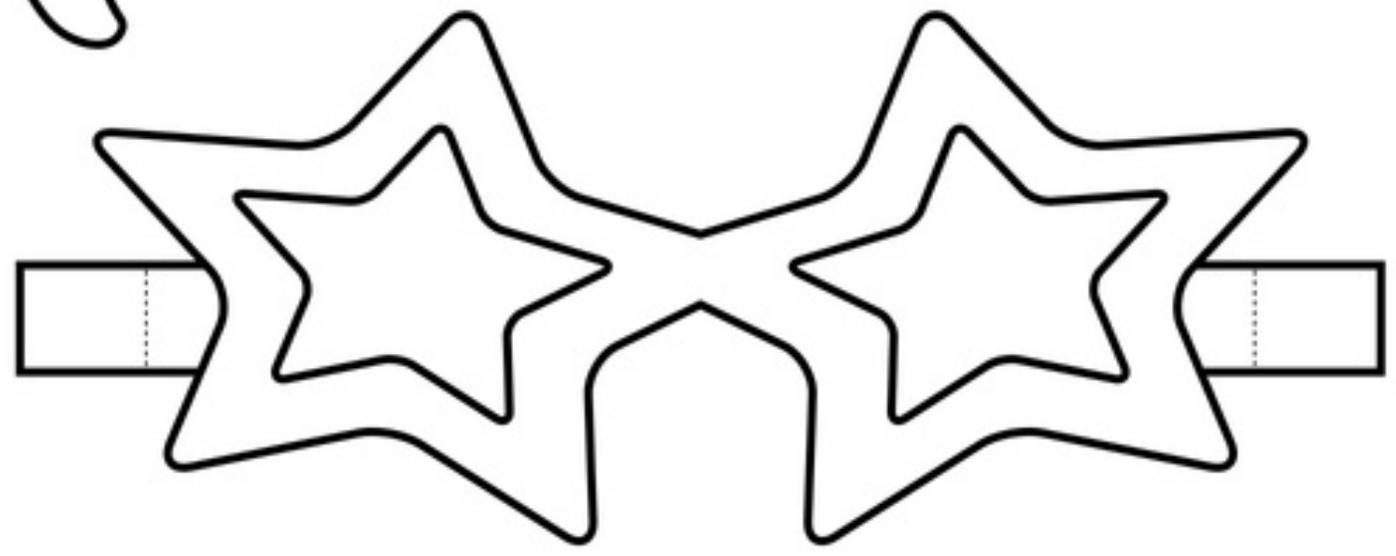
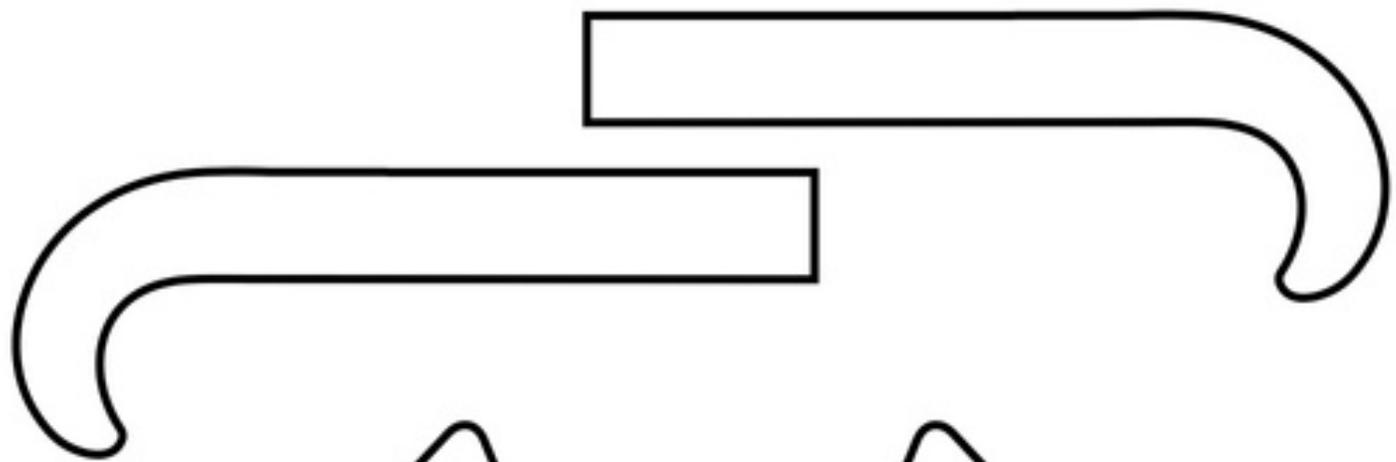
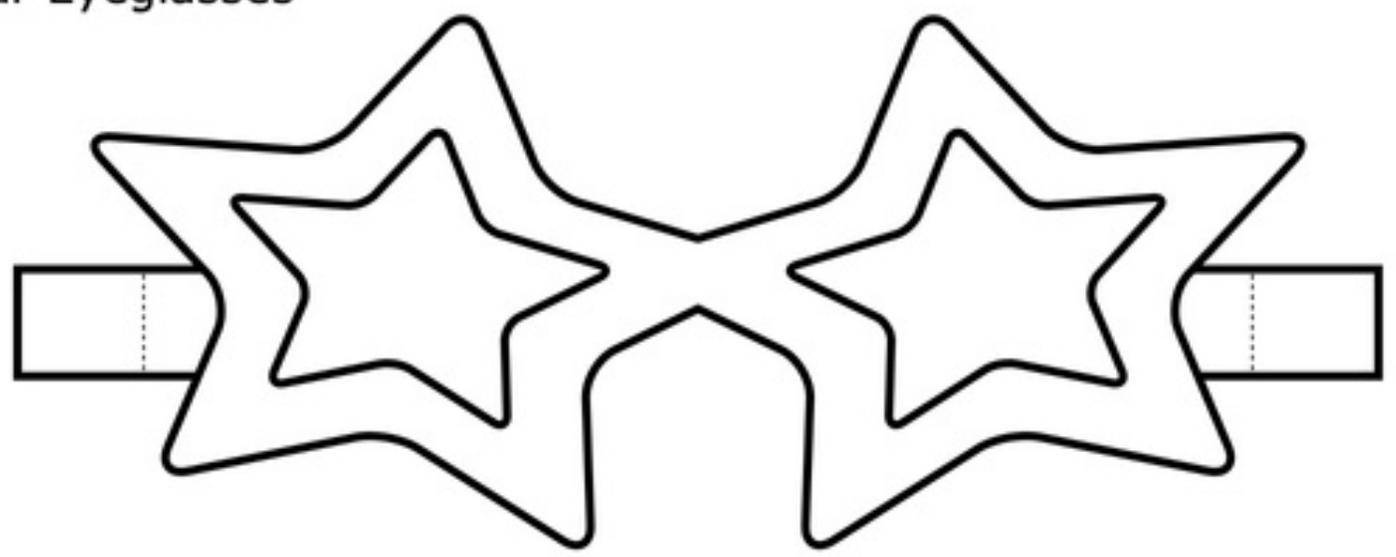
# JOY GLASSES



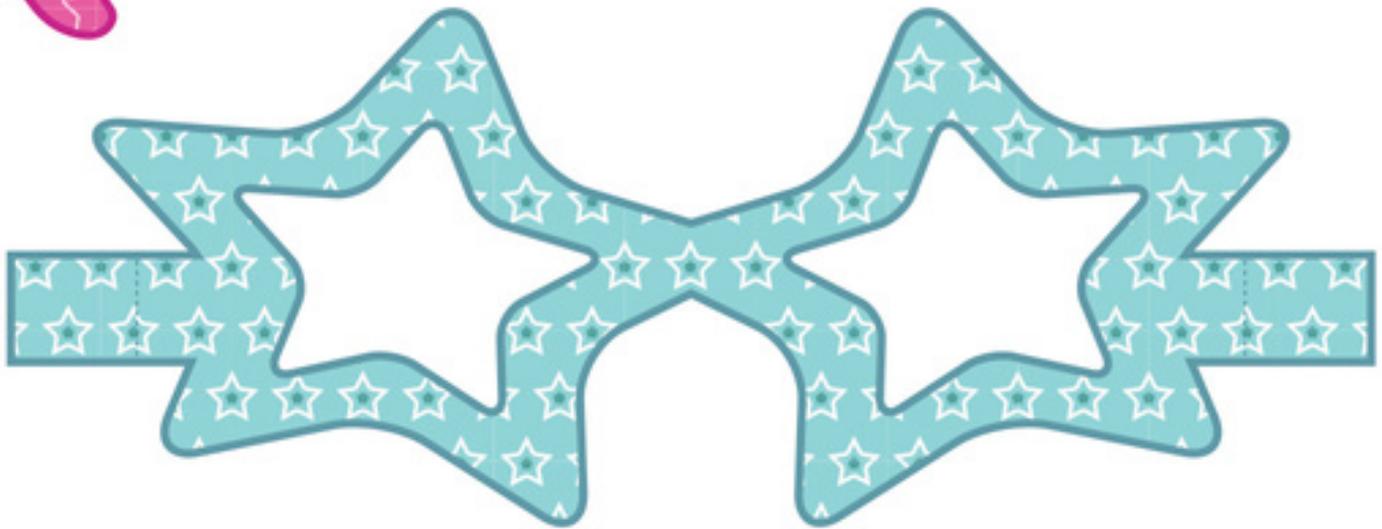
Make one with your favorite sparkles. Put them on, what do you see?

Materials needed: cardboard (recommended) or paper, decorative items, glue, colour markers, scissors, penknife, tape.

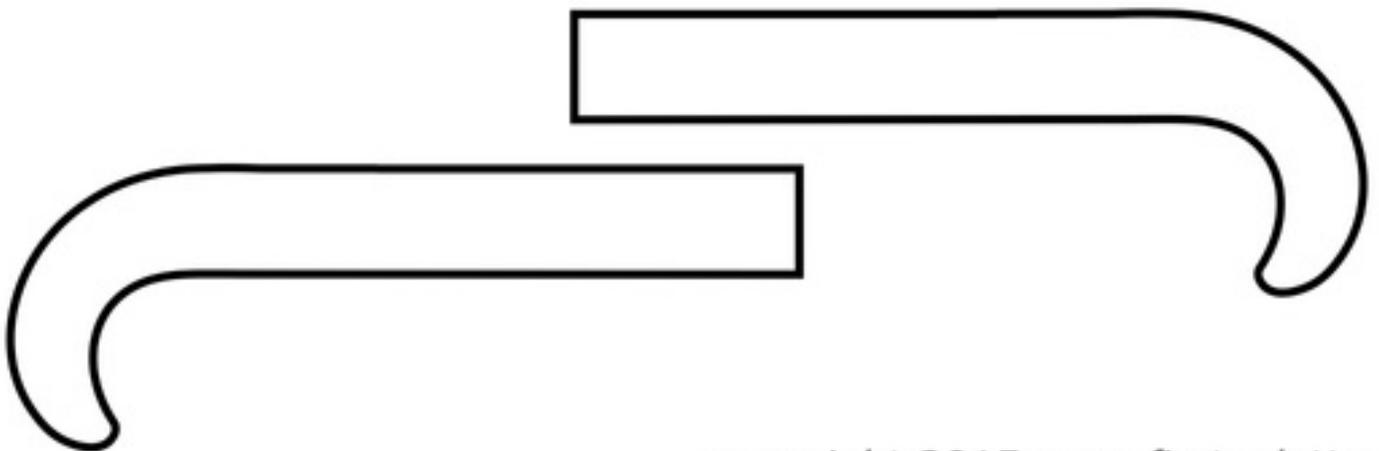
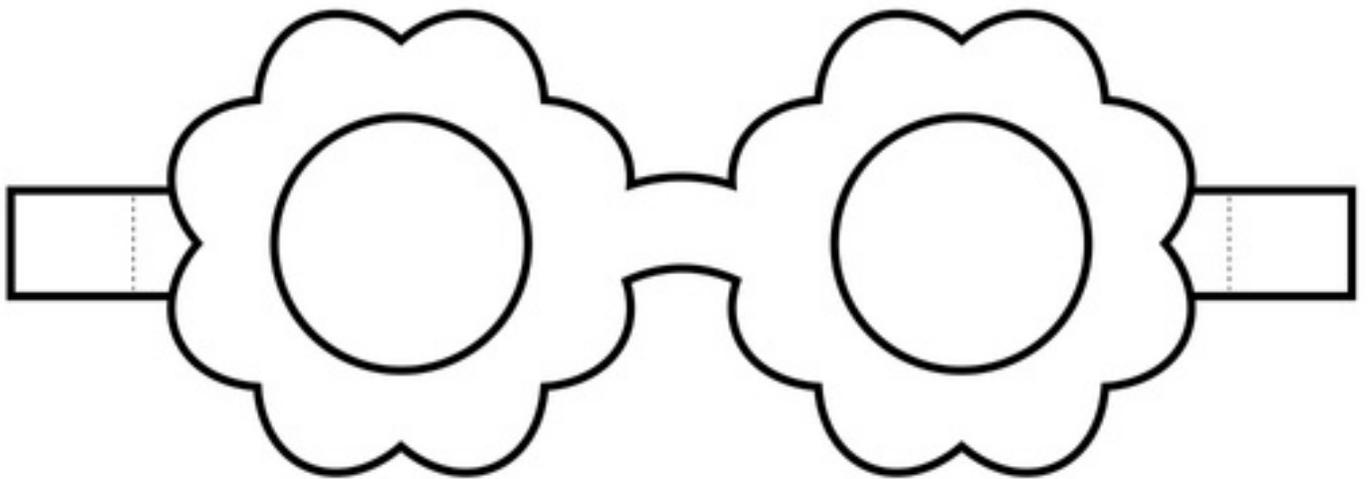
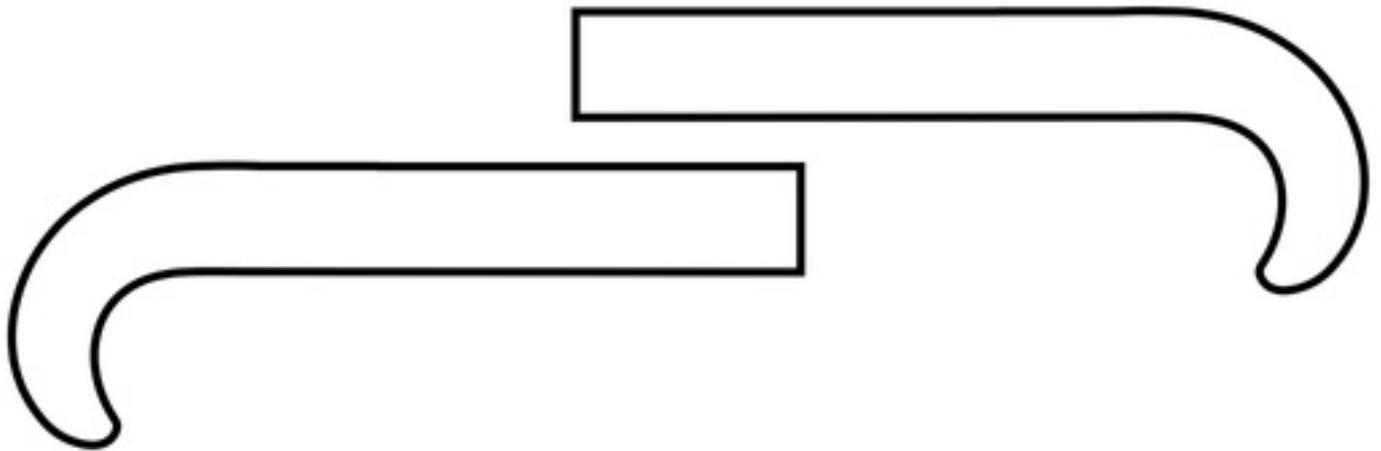
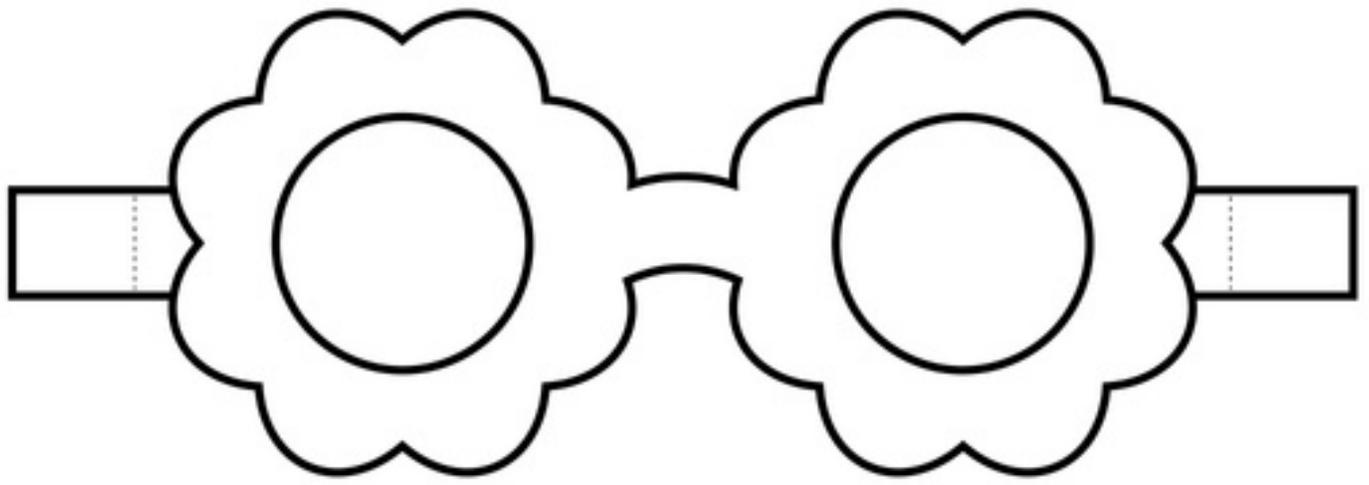
Star Eyeglasses



# Star Eyeglasses



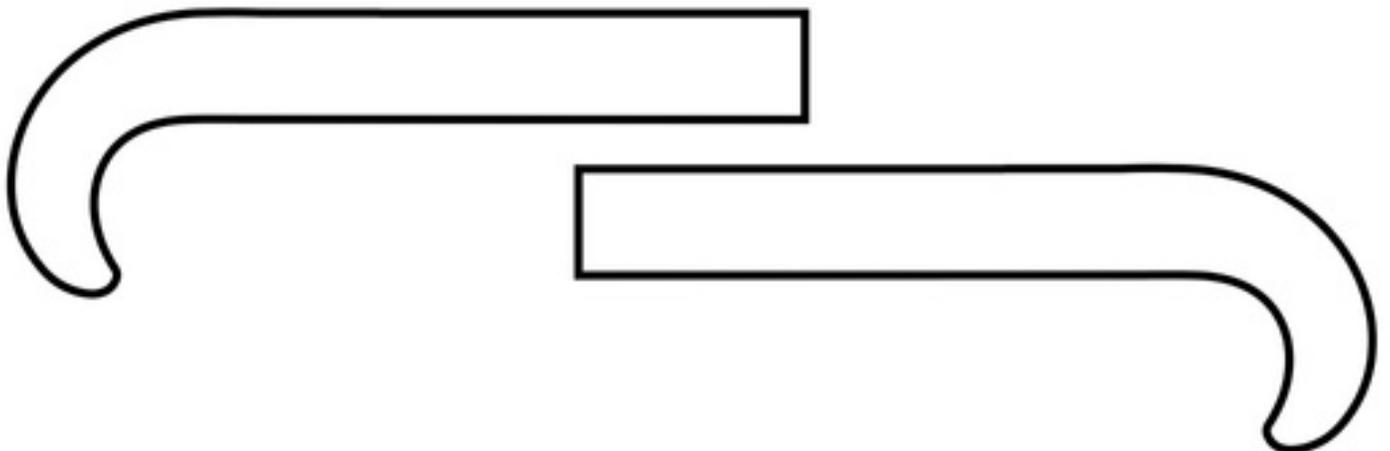
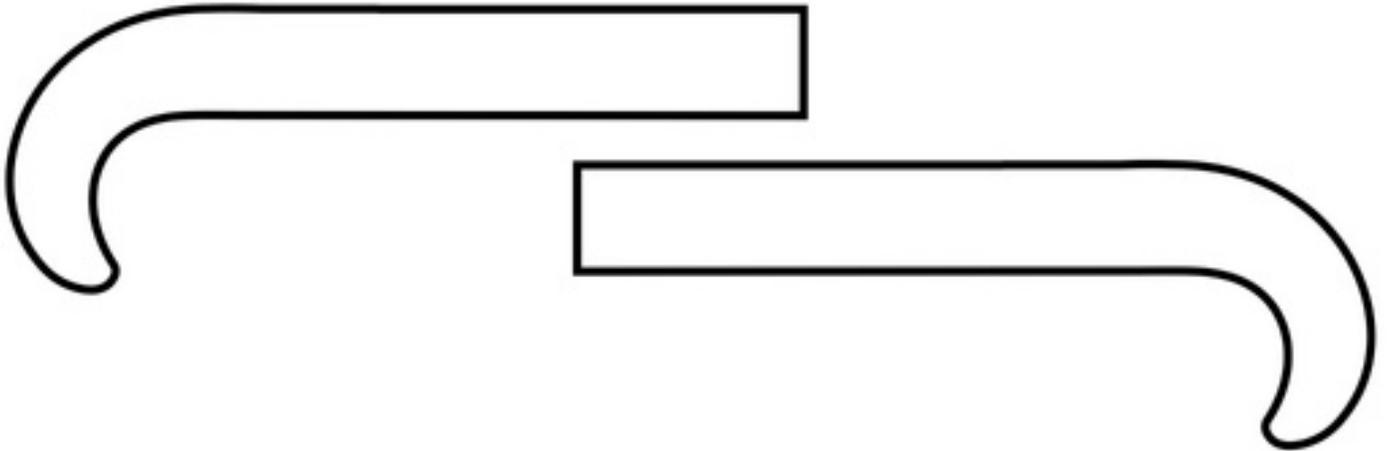
# Flower Eyeglasses



Flower Eyeglasses



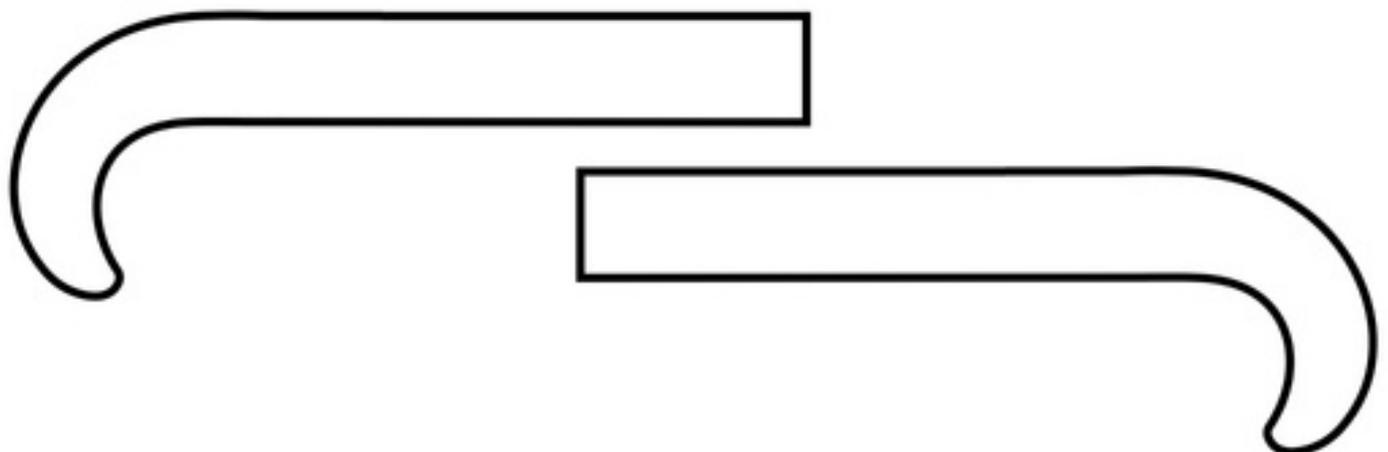
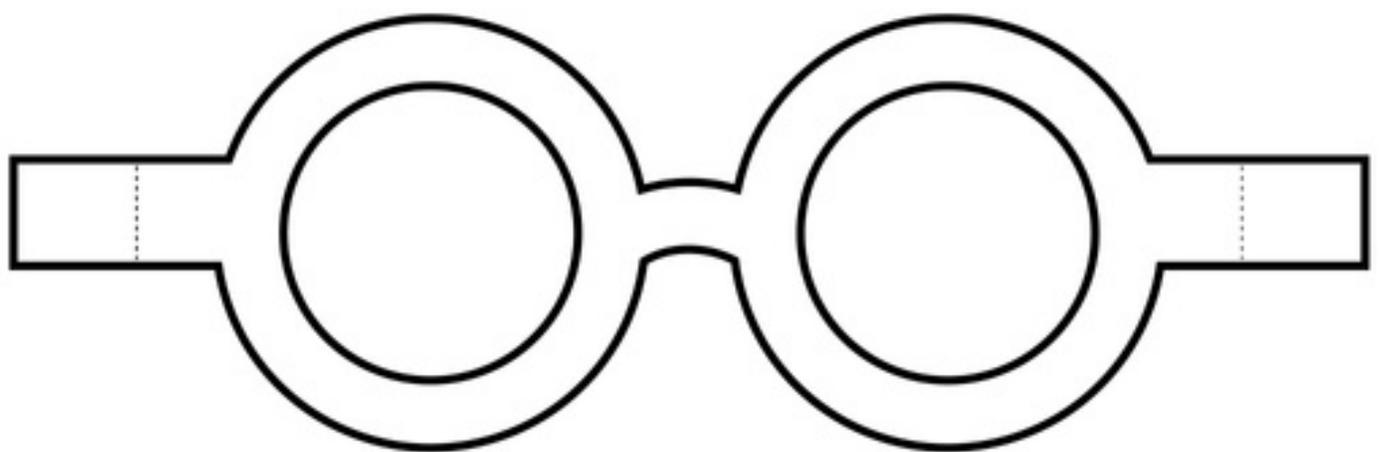
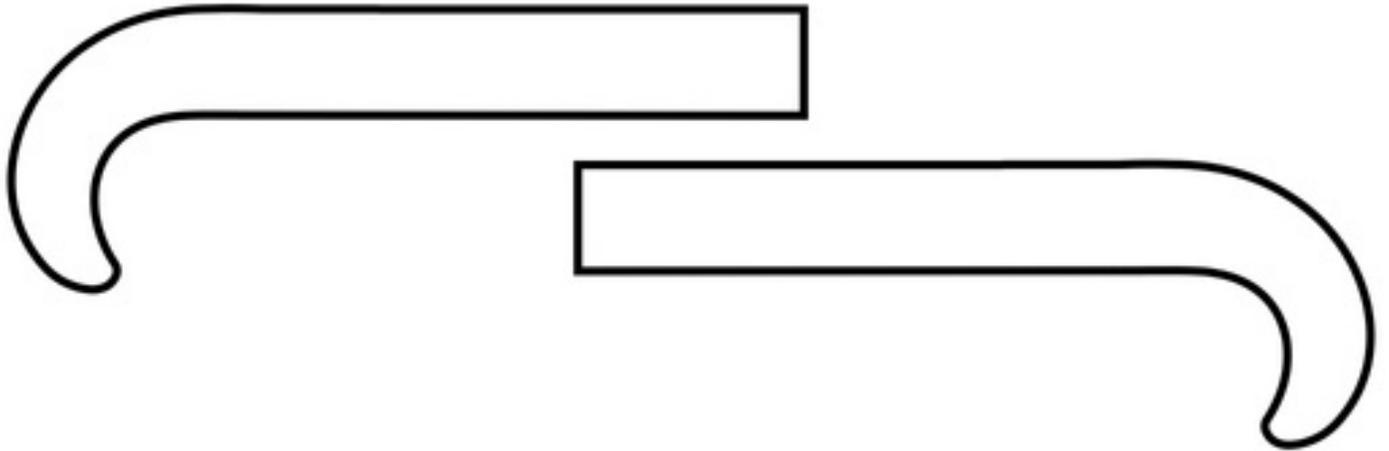
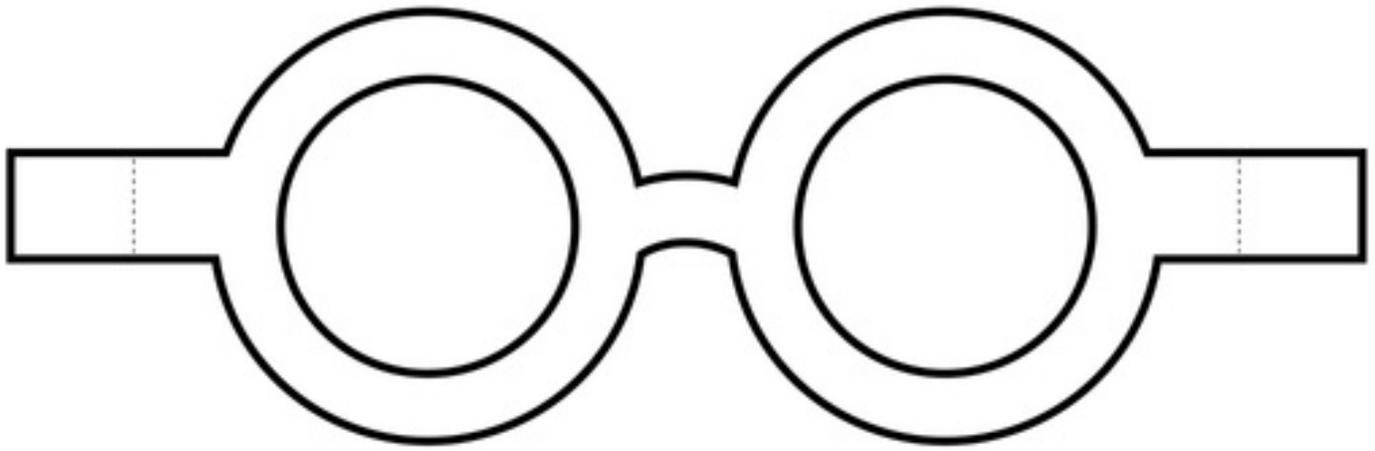
Cat Eye Glasses



# Cat Eye Glasses



# Round Eyeglasses



# Round Eyeglasses



# MY HAPPY THINGS



Happy comb! I'm a rockstar! Let's sing!



Happy hat! Let's go for an adventure!

What other happy things can you see and use?

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# MONTHLY COMMUNITY SERVICE

AGES 1-2=30 MINS PER WEEK

AGES 3+ =2 HOURS PER WEEK

Community Service is service to love. This is simple service that gives children the experience of helping others.

Community Service can be anything from picking up trash, to helping a neighbor, volunteering at animal shelter, taking care of animals, creating care packages, etc.

**Get Creative!**

Week One



Community  
Service Completed

Reflections

Week Two



Community  
Service Completed

Reflections

Week Three



Community  
Service Completed

Reflections

Week Four



Community  
Service Completed

Reflections